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Mayor To Seek \$22 Million To Fund Civic Core Project

by Jeff Lysiak

Kevin Ruane isn't afraid to ask for something he believes in. During Tuesday's city council meeting, the mayor requested support from his fellow councilmen to begin a campaign to seek out funding opportunities and sources that will help finance Sanibel's Civic and Cultural Core project, which is estimated to cost approximately \$42 million.

A two-hour workshop session held on March 28, the latest version of a centralized island civic and cultural core campus – located along Dunlop Road, which would be reconfigured to accommodate the 25-acre site – was discussed in detail. Under the design concept unveiled at the stakeholders meeting, a new Island Seniors (Center 4 Life) building along with the BIG ARTS performance hall, theater and learning center would be interconnected to the existing library, city hall and Sanibel Historical Museum & Village by meandering walkways as well as bicycle and pedestrian paths. The proposed campus would also include additional green space and a large community green for public gatherings.

The estimated cost to construct the proposed Civic and Cultural Core is \$42 million, including \$21 million to build the performance hall, theater, gallery and education center, \$8 million to build the new Center 4 Life, pavilions and other facilities, and \$13 million for roads, parking and infrastructure.

Funding for the project has been proposed to come via grants and other sources (\$22 million), BIG ARTS (\$12 million) and the City of Sanibel (\$8 million), in addition to



Artist rendering of the proposed Center 4 Life on the Sanibel Civic and Cultural Core campus images courtesy of City of Sanibel

the city's contribution of 25 acres of land, along with BIG ARTS' one acre of land.

On Tuesday, Ruane reiterated his commitment to the Civic and Cultural Core plan, saying that he will "uncover every rock and stone" to find funding for the long-proposed

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The cast of Creative Theater Workshop's production of *Little Shop Of Horrors* includes, back row from left, Jake Mann, Carson Liebetrau, Megan Miller, Sarah Mattis and Maggie Knox; third row, Kelsey Trent, Talia Tumminello, Alyssa Mehrberg and Angie Rios; second row, Paighton Padgett, Annabel Crater and Riley Mann; front row, Ryan Skrzypek and Henry Crater

photo courtesy of Michelle Hamstra

Musicals Coming To Strauss Theater

by Jeff Lysiak

Following a successful debut at the Herb Strauss Theater last year, The Creative Theater Workshop will be returning to Sanibel with four productions this spring and summer.

According to Michelle Hamstra, founder and director of the Fort Myers-based theatrical company open to actors, actresses and dancers from elementary, middle and high

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Work Of Artists With Disabilities On Exhibit



Janice Orozco's *My butterfly*

This month's BIG ARTS Phillips Gallery exhibit, Art by the disabled, is on view through May 27. An artists' reception will be held Friday, May 6 from 5:30 to 7 p.m.

The exhibit, which is run through the Lee Memorial Health System (LMHS), brings a wider audience and broader exposure to the artists.

As part of Arts in Healthcar, the pro-



One of the pieces being featured in the exhibit

gram is for individuals with disabilities who often have difficulty finding a place to showcase and sell their work.

The Arts in Healthcare program changed that by forming a group for these artists and displaying their work for sale in dedicated galleries, such as

continued on page 7



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The VPK class posed with their American Sign Language sign for butterfly pledging to help the monarch butterflies, making them officially Butterfly Heroes

Preschoolers Show Support For Butterflies

The students at the Children's Education Center of the Islands are going to become Butterfly Heroes. They were studying the life cycles of butterflies and decided that they wanted to create a butterfly garden to help the butterflies, since many of their summer breeding habitats have been destroyed due to agricultural and

gardening practices in the United States.

As part of the National Wildlife Federation's Garden For Wildlife program, the students have submitted a picture of themselves making the American Sign Language sign for butterfly as a pledge to help the monarch butterfly, thereby becoming Butterfly Heroes.

The garden beds have been cleared and are ready to be planted by the students, creating a hands-on learning experience in many ways.

Stay tuned for pictures from the children's garden featuring these beautiful creatures.✧



The monarch butterfly's life cycle was observed by the students. They were able to watch this monarch start from an egg and grow into a caterpillar.



The butterfly in its pupa stage is called a chrysalis. It is sometimes mistakenly called a cocoon, which is reserved for moth caterpillars that weave a silken cocoon to protect them as a pupa.

San Cap Motor Club Cruise-In This Saturday At Periwinkle Place

The final cruise-in of the season for the San Cap Motor Club is Saturday, May 7 from 9 to 11 a.m. at Periwinkle Place Shopping Center. All is welcome, with or without a car. Guests can park in the front of the shopping center. This is a casual setting for people to share their love of all types of motor vehicles. No pre-registration is necessary. Coffee and donuts will be available.

"We have had a great turnout for the club this season and hope locals and anyone on the island will come to the final one before our winter residents travel north for the summer," said club member Scot Congress. Cruise-ins will resume in the fall.

Memberships are available for \$50 and include a San Cap Motor Club shirt.

For more information on joining the club, contact Mike Stone at 322-0044 or mike@sancapstone.com, or Scot Congress at 472-4177 or scot@scongress.com. The club has a website, www.sancapmotorclub.com, and a SanCap Motor Club Facebook page.✧



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Highlights Of The Sanibel School's Seahorse Festival



Principal Barbara Von Harten with some of her students, from left, Liam Deal, Emma Halbisen, Nicole and Sawyer Dieckman, at The Sanibel School's annual Seahorse Festival fundraiser, held at The Dunes Golf & Tennis Club on April 30

photos by Jeff Lysiak



From left, Officer John Sherwood, Kimberly Paulus, Barbara Von Harten, Dawn Hillman and Officer Robert Feliciano



Bella Meyers and Tatum Reel rode their hoverboards around the festival grounds



Dana Sanner and her mother Pat Sanner selling T-shirts

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Brandon Hall playing cornhole with his son, Kellan



Caitlyn McCallion making a snow cone



Youngsters playing the beanbag target game



Kids at the inflatable basketball challenge



This year's sunny and warm festival weather was idea for those attending



Refreshment stand volunteers Julia Dry, Alyssa Perez and Katie Perez



Libby Payne and daughter Ellie Gressman



Kai Schwartz, 6, having a bungee ride



Kianna Doothman, left, and Nicole Dieckman took a ride down the inflatable slide



Parents, students and siblings checking in at the entrance to the Seahorse Festival

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Aerial view of the Sanibel Historical Museum and Village

Summer Hours Begin At Sanibel Historical Village

Summer hours have begun at the Sanibel Historical Museum and Village, when the village will be open Tuesdays through Saturdays from 10 a.m. to 1 p.m. The village will close on July 30 and re-open with full-time hours, 10 a.m. to 4 p.m., on October 18.

“Summer hours really are a

necessity,” said museum manager Emilie Alfino. “Our buildings go back to pioneer days and are not air conditioned. While Sanibel’s pioneers were used to the heat, our visitors are not.”

The Sanibel Historical Museum and Village was founded in 1984 with the mission to preserve, share and celebrate Sanibel history. Its buildings and thousands of artifacts tell the story of Sanibel from the Calusa and Spanish eras to the early pioneer families who settled on the island in the 1800s.

Nine historic buildings have been

moved from their original island sites and brought to the village. Each building has been restored to its original state. Volunteer docents share the stories of Sanibel with 10,000 visitors a year.

“Another reason we switch to summer hours is that many of our docents go north for the summer,” added Alfino. “Volunteers are the backbone of our operation, and we simply cannot operate without a full complement of docents. If anyone is interested in becoming a summer docent, we would love to have you. We provide full training, and the shifts are just three hours in the morning.” Anyone interested in volunteering should call the museum at 472-4648.

Audio recordings in each building take some of the burden off docents when it gets busy; the recordings tell the story of Sanibel’s pioneers and life on the island from the 1880s to the 1940s.

The Sanibel Historical Museum and Village is located at 950 Dunlop Road (next to BIG ARTS) and there is handicap access to all buildings. Admission is \$10 for adults (18 and over). Members and children are free. For more information, call 472-4648 during business hours or visit www.sanibelmuseum.org.

Captiva Community Panel To Meet

The Captiva Community Panel will hold its regular monthly meeting on Tuesday, May 10 beginning at 9 a.m. in the Cone Rooms (tentative) in Chadwicks Square at South Seas Island Resort. This meeting is open to all interested islanders and the public.

Among the agenda items:

- Discussion of recent meetings on sewers and wastewater treatment
- Update on priority committees
- A Captiva Erosion Prevention District update

- A Captiva Fire District update
- A Hurricane Preparedness and Response Committee update
- Other business as necessary

Public participation is invited and encouraged. The next Captiva Community Panel meeting has tentatively been scheduled to take place on Tuesday, June 14. Information and background documents are available online at www.captivacommunitypanel.com.

Sheriff, Commissioner To Address Caucus

Lee County Sheriff Mike Scott and Lee County Commissioner John Manning will speak at the Sanibel-Captiva Republican Caucus on Saturday, May 14 at 10 a.m. The gathering will be held at the Sanibel Public Library, 770 Dunlop Road.

Scott will discuss issues facing law enforcement in the county and how his office handles them. Manning will present his vision for the Lee County Comprehensive Plan and steps taken to assure a budget that provides for effective delivery of core services.

This session is part of a series of opportunities to meet candidates for office this year. Call Rick Shewring at 579-0792 for more information.



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Doug MacGregor was on hand to help hang the exhibit inside BIG ARTS Phillips Gallery

From page 1 Artists With Disabilities On Exhibit

BIG ARTS Phillips Gallery, as well as at LMHS' four hospitals and the Riverwalk Rehabilitation Center on College Parkway in Fort Myers.

"The 44 pieces showcased will be the work of local disABLED artists in our Lee County community," said Arts in Healthcare Coordinator Doug

MacGregor. "The work displayed at BIG ARTS will feature 2D drawings and paintings from artists at the Special Populations program of Cape Coral, The Lighthouse Center in North Fort Myers and include disABLED artists that work from their home studios."

In addition to rotating artwork through the galleries on a periodic basis, the LMHS program helps keep the artists up to date on other exhibitions, sales and continuing education opportunities.

"We are pleased to be able to provide the platform to give these artists

the exposure they deserve," said Lee Ellen Harder, BIG ARTS executive director. "The talent displayed by these gifted artists is quite amazing."

The opportunity to create art is excellent therapy but being able to share their work with the public takes that a step higher, MacGregor said.

"Receiving positive feedback of their art and selling it propels them to create more and they continue to excel with each piece they create."

"Families and staff also enjoy the uplifting reactions to our disABLED artists' creative work. We hope the visitors



Dan Dendulk's *Wind Power*

to the Phillips Gallery will feel the same when they view the artwork throughout the month of May."

The artwork will be for sale throughout May and a portion of the sale price will benefit the disABLED artists and the Arts in Healthcare program at LMHS.

BIG ARTS Phillips Gallery's season sponsor is The Sanibel Captiva Trust Company.

For more information, go to www.bigarts.org or call 395-0900.*

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In the musical, Henry Crater (Seymour) has a bizarre encounter with a man-eating plant
From page 1

Musicals At Strauss

school ages through college (5 to 23), the experience from last year's production of the musical *Flat Stanley* was very positive.

"Everything went really great," said Hamstra. "It's definitely a different feel out here in this community. We received such great support from BIG ARTS and the entire island community, from the kids who acted in the show to the parents and other kids in the audiences. And the

technology here really takes us to the next level... we almost sold out a couple of shows."

Continuing their partnership with BIG ARTS, Creative Theater Workshop has planned four musicals in 2016 on the Herb Strauss Theater stage including:

- *Little Shop Of Horrors* – Playing May 14 at 1 p.m., May 15 at 1 and 6 p.m., and May 22 at 1 and 6 p.m.
- *Broadway Revue* – Playing May 14 at 7 p.m.
- *The Little Mermaid* – Playing June 4 at 1 and 7:30 p.m., June 5 at 1 and



From left, Megan Miller, Sarah Mattis and Maggie Knox

7:30 p.m., June 10 at 7:30 p.m., and June 11 at 1 and 7:30 p.m.

• *The Wedding Singer* – Playing June 23 at 7:30 p.m., June 24 at 7:30 p.m., June 25 at 1 and 7:30 p.m. and June 26 at 1 p.m.

A non-profit program launched in 2006 by Hamstra, the Creative Theater Workshop has grown to be one of the most successful children's theater companies in Southwest Florida. Previous workshops have included mime, Bob Fosse-style dance, ballroom dance styles, stage combat, theater tech and audition techniques.

In addition to last year's *Flat Stanley*, previous productions of the Creative Theater Workshop are *Tom Sawyer*, *Annie*, *The Wizard of Oz*, *Godspell*, *A Chorus Line*, *Cinderella*, *Beauty and the Beast*, *School House Rock Jr.*,

Footloose and *Bye Bye Birdie*.

Hamstra noted that the workshop expanded its age range to include college students due to the demand for younger actors, actresses and dancers wanting to hone their crafts in a professional-quality theater experience.

"There's a huge age range of people wanting to get involved with theater, and all of them are students who just want to have an opportunity to perform in front of a live audience," she said. "All of these kids want to be here – some of them travel an hour and a half to be involved. The level of talent in this show is amazing."

Little Shop Of Horrors cast members include Henry Crater, Sarah Heidrick, Mark Sheme, Robert Rosso, Kennedy Floethe, Jinji Martine, Sophia Vartdal, Sarah Mattis, Chloe Lamb, Amanda Ellegood, Angie Rios, Kelsey Trent,

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From left, Talia Tumminello, Riley Mann and Elle Frey

Maggie Knox, Paighton Padgett, Kayci Suskind, Ryan Skrzypek, Alyssa Mehrberg, Jake Mann, Carson Liebetrau, Amanda Ellegood, Ashlyn Bischoff, Annabel Crater, Elle Frey, Talia Tumminello, Megan Miller and AJ Gross.

Rehearsals for *Little Shop Of Horrors* began in early February, with weekly rehearsals held every Sunday afternoon.

"It's a wonderful experience to have these kids rehearse in the actual space they'll be performing in," Hamstra added. "These kids are going to be the future professional actors, as well as the future audiences, for productions at this theater."

Performances of *Little Shop Of Horrors* at the Herb Strauss Theater are Saturday, May 14 at 1 p.m., Sunday, May 15 at 1 and 6 p.m. and Sunday, May 22 at 1 and 6 p.m. Tickets are priced at \$20 for adults and \$12 for students and are available at the theater's box office, 2200 Periwinkle Way.

Rehearsals for Creative Theater Workshop's production of *The Wedding Singer* – open to ages 14 to 23 – will be held on Tuesday, May 17 from 6 to 9 p.m. For questions or more information, call 738-3525, email CreativeTheaterWorkshop@yahoo.com or visit creativetheaterworkshop.com.*



Artist rendering of the proposed BIG ARTS performance hall and theater

From page 1

Civic Core Project

project. He also suggested that it would take him between two and four months to acquire the funding necessary for the project, if support for the plan exists.

Following some additional discussion, resident Gloria Hannan asked if reports that she read were correct that the Civic and Cultural Core project would appear

on the November ballot as a referendum item. Ruane stated that it would not.

"There's no referendum, in my eyes... unless we got the money tomorrow," he added.

Vice Mayor Mick Denham made a motion to approve Ruane's request to seek funding opportunities for the project, which was seconded by councilman Chauncey Goss and unanimously approved, 5 to 0.*



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Substantial Improvement Ordinance Meets Council Approval



Sanibel Mayor Kevin Ruane, left, reads a proclamation recognizing Lt. Williams Dalton of the Sanibel Police Department as the city's Employee of the Second Quarter 2016 during Tuesday's meeting

by Jeff Lysiak

On Tuesday, members of the Sanibel City Council heard a presentation regarding amending the city's Land Development Code definition for substantial improvement, which included an ordinance that would modify those definitions and allow both residential and business property owners to make structural improvements more frequently than the current "50 percent" rule permitted every five years.

During his presentation, Planning Department Director Jim Jordan explained that during the March 1 council meeting, Sanibel had been named a Class 5 Community by the Community Rating System (CRS), a voluntary incentive program that encourages community floodplain management activities that exceed the minimum National Flood Insurance Program requirements by reducing insurance premiums.

As a result of the classification, island residents are eligible to receive up to a 25 percent reduction in flood insurance premiums. Also as a result of the city's participation in the CRS and 18 creditable activities – which include public information, mapping and regulations, flood damage reduction and flood preparedness – residents may eliminate Cumulative Substantial Improvement limits as well as the 50 Percent Maximum Increase of Floor Area for Property Lifetime restriction.

"An option presented by the consultants was to eliminate the five-year cumulative cost of improvements period and 50 percent increase in floor area for the life of the structure as neither are required by the Federal Emergency Management Agency (FEMA)," Jordan told the council before submitting the proposed ordinance.

Under the revised legislation, substantial improvement would be defined as "any repair, reconstruction, rehabilitation, addition or other improvement, or combination or accumulation of any repair, reconstruction, rehabilitation, addition or other improvement of a structure in which the cost of the improvements equals or exceeds 50 percent of the market value of the structure at the time that an application is filed. For structures which have sustained damage, including substantial damage, the value shall be determined as of the time immediately before the damage occurred. Notwithstanding anything to the contrary, however, where the start of construction has preceded the filing of the application, the date for determining either the costs of the improvements or the market value of the structure shall be the date immediately preceding the start of construction."

Members of the council unanimously approved the proposed ordinance, voting 5 to 0 to pass it along to the city's planning commission for further refinement.

Should the commission complete revisions on the legislation at their May 10 meeting (or subsequent session later in the month, if warranted), the council could conduct a first reading of the ordinance at their June 7 meeting. Final approval of the legislation could come as early as July.

"I think that this enhancement will give us greater flexibility," said Mayor Kevin Ruane. "This is going to be a great thing."

In other business, the council authorized a refinancing of the city's outstanding bonds on the Sanibel Recreation Center. Originally issued for 30 years back in 2006, the refinancing lowers the payments over the lifetime of the refinanced bonds by \$1,926,315 – a reduction of 17.66 percent – by going from a flexible rate with a 4.35 percent cap to a 2.32 percent fixed rate. It also reduces the retirement date by six years to 2030.

Also, City Manager Judie Zimomra presented a number of options for proposed technology upgrades at MacKenzie Hall, including live streaming cameras to monitor city meetings along with lighting and LCD monitors within the chambers.

Following a brief discussion, council approved budgeting \$100,000 – which may be included in next year's city budget – to make a number of upgrades.

"It's important to be able to communicate our ideas with members of the public... this would actually improve it a little bit more," said councilman Jim Jennings, who also suggested reconfiguring the current chamber dais and seating structure. "I think that (MacKenzie Hall) is due for an upgrade."✱✱



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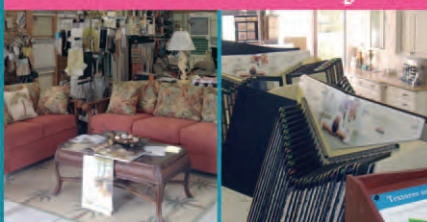


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OBITUARY



JOHN HAYWARD ADLER

John Hayward Adler passed peacefully from this earth on April 26, 2016 surrounded by the love of his family. The son of tennis pro Jerome Adler and Evelyn Bulstrode Adler, John was born in New York and raised in Fort Lauderdale, Florida. He was the second eldest of siblings Ellis, Tom, Margie and Sue.

John graduated from University of Vermont, where he won the Eastern College Athletic Conference Tennis Championship in 1964 held at Princeton University. It was the first and only time in the University of Vermont's history that the title was claimed for the school.

John has adored living, working, playing and raising a family on Sanibel Island for the past 26 years. As founder and president of Real Estate Analytical Services, he provided real estate market analysis locally, nationally and internationally.

He is a past president of the Sanibel Community Association and was active in the Sanibel Captiva Kiwanis Club for many years. His recent favorite pastime has been tending to and perfecting his garden.

John's greatest success and joy has been raising his three beautiful and accomplished daughters alongside his dedicated wife of over 30 years, Elaine Robinson Adler. His children, Carly Adler Diette, married to Christopher Diette, Shelley Adler Carella, married to Christopher Carella, and Sarah Jean Adler all had very special bonds with their dad. Shelley and Chris are expecting a baby boy in a few weeks and John was overjoyed at the news of becoming a grandpa.

As per his wishes, Mr. Adler's life will

be celebrated privately by his family. To remember John, his wife and children simply ask that you express love and warmth to someone in your life, just as he did to his family every day.✧

OBITUARY



WILLIAM R. NOLTE

William R. Nolte died peacefully at his home in Lebanon, Pennsylvania on December 16, 2016. He was born on April 23, 1944 in Cincinnati, Ohio to Lora and Louis Nolte and made the decision to follow Jesus under the pastorate of Rev. Steve Sabol shortly after his mother's death in 1992. Bill took his final breath just as his wife and Pastor Mike Remel finished praying for him.

He is survived by his loving wife, Marilyn (nee Vogel), his dog Buddy, his

best friend of 60 years Rick Weppeler and his good friends Kathy and Ralph Barlett. He was preceded in death by his parents, his older brother John, his "darling mother-in-law" Catherine Vogel and four beloved dogs.

Bill and Marilyn met on Sanibel Island on May 17, 1982. It was love at first sight and a "chance" meeting that they later realized was at the hand of God. They were married on November 7, 1982 and renewed their wedding vows on their 25th anniversary.

Bill was a faithful, generous and loving husband who enjoyed spending time with his wife and dog. He cared for his mother and mother-in-law with great tenderness throughout the years and even more so as their needs became greater in their final years.

Bill had a lengthy career with IBM. After early retirement, he formed Nolte and Associates and continued to do consulting. After his second retirement, he had a fun job with Jubilee Ministries, working alongside former inmates whom he would encourage and mentor.

Bill enjoyed vacations on Sanibel (and getting his picture in the *Island Sun* with his wife when they found alphabet cones), working on cars, maintaining his home, walking his dog, Buddy and watching the wildlife that came daily to the "bird" feeder.

Although Bill lived an active and healthy lifestyle, he was plagued by increasing health problems and was later diagnosed with Alzheimer's. His death was unexpected but peaceful.

Bill will be remembered for his beautiful smile, his devotion to his wife and his childlike faith. His memorial service was conducted by his wife, Rev. Marilyn Nolte, and pastor friends, Revs. Sabol, Keller and Remel.✧



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American Legion Post 123

On Sunday, May 8, American Legion Post 123 will serve barbecued ribs and chicken from 1 to 8 p.m. Cost is \$12 to \$14.

The legion's general elections meeting will be at 6 p.m. on Wednesday, May 15. The annual Redneck O'Limp'ics will take place on Sunday, May 29.

Monday nights feature 9-ball and 3-ball tournaments at 5 p.m. Players are

welcome.

Every Tuesday, tacos are served all day and, on Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m. The public is welcome.

The Ladies Auxiliary has cookbooks available for a donation of \$15.

Flag Day is June 14 and if you have an American flag that needs to be retired, drop it off at your convenience.

American Legion Post 123 is located at Mile Marker 3 on Sanibel-Captiva Road. For more information, call 472-9979.✧

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The labyrinth at the entry to Sanibel Congregational United Church of Christ is both attractive and meaningful. Labyrinths are the subject of the May 8 program in the Summer Sunday Seminar Series.

Summer Sunday Seminars Offered At Church

The first of this year's Summer Sunday Seminar Series at Sanibel Congregational United Church of Christ featured special guest speaker Irene Skolnick, who talked about her

experiences as a Holocaust survivor. The continuing series will offer a wide variety of fascinating programs. All are held at 9 a.m., between the 7:45 Chapel Service and the 10 a.m. Full Service.

The Seminar Series presentations are staged in Heron Hall, on the church's lower level. The schedule for the remaining Sundays in May is as follows:

- May 8 – Spiritual Practices:

Learning The Labyrinth. An exploration of the history and meaning of labyrinths and their use as a spiritual practice. The church has an excellent example of a labyrinth in its courtyard.

- May 15 – Poverty In America: Part I. Utilizing the award-winning documentary *The Line*, this two-part class will examine the impact of poverty on the lives of Americans. The class will feature materials on raising the minimum wage and the role of race in poverty.

- May 22 – Poverty In America: Part II

- May 29 – Honoring The Dead. This class will look at various ways cultures through the centuries have paid tribute to the dead, especially those killed in war.

There will be additional programs throughout the summer and into the fall. Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way. For more information, call the church office at 472-0497 or visit www.sanibelucc.org.✱

Questions And Answers With The Pastor

On Wednesday, May 11 from 6 to 7:30 p.m., Daryl Donovan, senior pastor of Sanibel Community Church, will field questions



Daryl Donovan

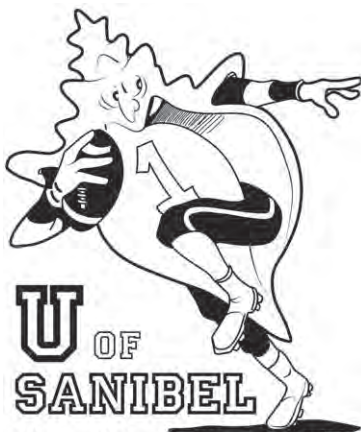
at the Carpenter's Café and Bookstore, located on the north side of the church campus at 1740 Periwinkle Way.

Participants are invited to ask Donovan about politics, social issues, theology or the Bible. The café opens at 5:30 p.m. May 11 is also Lasagna Night at the church.

Pre-submit questions into the box located at the bookstore or bring them along. A question-and-answer session will follow.

For more information, visit sanibelchurch.com or call 472-2684.✱

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BAT YAM-TEMPLE OF THE ISLANDS

The Reform Congregation of Bat Yam Temple of the Islands meets for Friday night services at 7:30 p.m. in the Fellowship Hall of the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. Rabbi Myra Soifer. For information call President Alan Lessack at 239-579-029.

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The Reverend George E. Morris Services every Sunday 11 a.m. through April 24, 2016. 11580 Chapin Lane on Captiva. 472-1646.

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UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets on the first Sunday of each month from December through April at the Sanibel Congregational Church, 2050 Periwinkle Way at 5 p.m. A pot luck is held at a member's home on the third Sunday of each month. email ryi39@aol.com or 433-4901.✱

Commissioner To Address San-Cap Republicans

Larry Kiker, Lee County Commissioner for District 3, will speak to the San-Cap Republican Caucus on Saturday, May 21 beginning at 10 a.m. at the Sanibel Public Library, 770 Dunlop Road. Kiker will discuss his plans to help create jobs and preserve our pristine environment while holding the line on county spending. His talk will be the second in the May Candidate Series, after the May 14 talks by Sheriff Mike Scott and Commissioner John Manning.

Kiker, who grew up in New Mexico, has worked for companies all over the United States. He received his MBA from Northeastern University in Boston, and is co-owner of Lahaina Realty on Fort Myers Beach, established in 1996. He served on the Fort Myers Beach Town Council from 2007-12, including the last five years as mayor. Kiker was elected Lee County Commissioner in 2012, serving as chairman as well as port commissioner. He serves on several boards and is the commission's liaison for Lee County Mayors.

In 2009, Kiker received the Outstanding Citizen Award from the Greater Fort Myers Beach Chamber of Commerce, and was a finalist in 2014 for The News-

Press Public Official of the Year Award.

On April 23, State Representative Rodrigues addressed the San-Cap Republican Caucus, offering insights into the legislature's achieving a \$500 million tax cut (while maintaining services and increasing reserves), mandating \$200 million per year spending towards fixing the Lake Okeechobee/Everglades water release problem, and trying to pass a bill that would establish tighter study requirements and impose stiffer penalties to assure fracking is environmentally safe.

All are invited join the caucus on May 21 to learn about Kiker's plans for Lee County. Refreshments will be available. Call Rick Shewring at 579-0792 for more information.*

Top Ten Books

1. *Cuba Straits* by Randy Wayne White; 2. *Sanibel Sunset Detective* by Ron Base; 3. *Deep Blue* by Randy Wayne White; 4. *Spool of Blue Thread* by Anne Tyler; 5. *The Rainbow Comes & Goes* by Anderson Cooper and Gloria Vanderbilt; 6. *A Man Called Ove* by Fredrik Bachman; 7. *The Kitchen House* by Kathleen Grissom; 8. *The Genius of Birds* by Jennifer Ackerman; 9. *A Gift From the Sea* by Anne Morrow Lindbergh; 10. *A Bubble Moment* by Katie Gardenia. Courtesy of MacIntosh Books and Paper.*



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Environmental educator Richard Finkel with students from Montessori School of Fort Myers

Youngsters Plant Trees With SCCF

Students from the Montessori School of Fort Myers took part in a planting project coordinated and conducted by the Sanibel-Captiva Conservation Foundation on April 30. The youngsters were able to observe and learn about the various parts of plants and their importance.

Dune and seaside plants – including dune sunflower, sea oats, gaillardia and muhley – were planted to restore the coastal habitat.

This was a special event for Arbor Day that was conducted with the cooperation of SCCF's Native Plant Nursery, Casa Ybel Resort and Sotolongo Landscaping.✱



One of the students digging a hole for a tree to be planted

Island Seniors At The Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

Trash & Treasures Sale – returning in November. If you are doing some spring cleaning before heading back up north, the center welcomes your donations of clean, gently used items. All donations are tax deductible. Bring items to the center Monday through Friday between 8 a.m. and 3:30 p.m. The following items cannot be accepted: books, clothes, shoes, computers or old TVs.

Page Turners with Ann Rodman – If you are not on the Page Turners list, and wish to be, email annrodman@aol.com or contact the Center 4 Life.

The featured book for Wednesday, May 11 at 2:30 p.m. is *Go Set a Watchman* by Harper Lee. "Don't let *Go Set a Watchman* change the way you think about Atticus Finch... the hard truth is that a man such as Atticus, born barely a decade after Reconstruction to a family of Southern gentry, would have had a complicated and tortuous history with race." – *LA Times*

Games – Cost for all games is \$2.50 for members and \$5 for non-members. Prizes are awarded.

Bridge – Monday and Wednesday, register by 12 p.m. Game begins at 12:30 p.m.

Mahjongg – Thursday at 12:30 p.m.

Hand & Foot – Thursday at 12:30 p.m.

Tuesday and Thursday Kayaking – May 10 and 24 (weather permitting) at 8:30 a.m. There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a small snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

Fitness Classes

Classes are available and all ages are welcome. Island Seniors, Inc. members pay \$4 per class or visitors \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. This class keeps your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises and balance. Hand weights, stretch cords and your body weight will be used. Class begins with a joke and ends with a positive thought for the day. Athletic footwear required. Silvia Villanueva is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Mats are used to meet the needs of varying experience levels. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. (through May 26). Similar to Gentle Yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by 2401 Library Way.✱

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Plant Smart

Baby Rubberplant



Baby rubberplant, a glossy groundcover or climbing plant, is listed as endangered in Florida

photos by Gerri Reaves

by Gerri Reaves

Baby rubberplant (*Peperomia obtusifolia*) is a South Florida native and member of the pepper family. It is one of several peperomias native to Florida and is listed by the state as an endangered species.



Flower spikes produce miniscule flowers that bloom throughout the year

In the wild, its habitat includes hardwood hammocks and swamps, where it finds humidity and shade.

It creeps along the ground or grows as an epiphyte, or airplant, winding up trees or scampering over old logs.

The thick stems measure up to two feet long and

root at the nodes. Newer stems are reddish.

The alternate leaves are oval or heart-shaped, a bit glossy and fleshy. Two to four inches long and dark evergreen, they resemble those of the rubber trees, thus earning the plant the common name.

Other names include broadleaf peperomia, because of the leaf shape, Florida peperomia, blunt-leaved peperomia and marble peperomia.

The green flowers that bloom densely on the erect spikes are so inconspicuous as to be invisible except with a magnifying glass. They flower year round, and the spikes, which are up to six inches long, turn brown at maturity.

Tiny fruits are embedded in the spike, their hooks, or beaks, facing outward so they can attach to tree bark.

Baby rubberplant prefers rich fibrous soil in shade or dappled shade. It has low tolerance for drought and salt wind and water.

If you're using it as a groundcover, give it a shady spot, but not where there's foot traffic. It grows up to a foot high. It also makes a good potted or hanging-basket plant because of the trailing stems.

To prevent root and stem rot, be sure the soil is well drained.

Propagate it with cuttings or by division. Several colorful cultivars are available.

Sources: *Everglades Wildflowers* by Roger L. Hammer; *500 Plants of South Florida* by Julia F. Morton; *Florida Gardener's Guide* by Tom MacCubbin and Georgia B. Tasker; *Florida Landscape Plants* by John V. Watkins and Thomas J. Sheehan; *Florida, My Eden* by Frederic B. Stresau; *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio; *Native Florida Plants* by Robert G. Haehle and Joan Brookwell; edis.ifas.ufl.edu; floridata.com; and regionalconservation.org.

Plant Smart explores the diverse flora of South Florida.✱

LCEC Fishing Tournament Results

Nearly \$50,000 was raised at the 20th annual LCEC United Way Fishing Tournament held on April 16 on Pine Island. All proceeds from the tournament will be donated to the United Way of Lee, Hendry, Glades & Okeechobee Counties. This amount includes a portion of the prize money which was donated back by several of the tournament winners.

The event's Grand Slam Winner was Team Jamie & Gigi, who weighed in at 19.94 pounds. The tournament results by the numbers include:

- 215 – Anglers
- 100 plus – Raffle prizes
- 90 – Fish weighed in
- 70 – Boats
- 45 – Boats weighing in fish
- 36 – Trout
- 21 – Snapper
- 20 – Redfish
- 13 – Snook

Organizers offered thanks to the premiere sponsor of this year's tournament, Irby. LCEC is grateful for the continued support of sponsors, anglers and volunteers that give back to the community.

For a complete list of winners, event photos and information on next year's milestone tournament, visit www.uw.lcec.net/fish.html.✱

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CROW Case Of The Week:

Night Heron



by Bob Petcher

The night heron (*nycticorax nycticorax*) is unlike its general namesake in that it has a stocky, stooped-over posture instead of being tall and slender like many other long-

limbed herons.

As far as its species, the night heron is considered medium-sized. Its aforementioned genus name is derived from Greek heritage for “night raven” that has reference to the largely nocturnal feeding habits of this group of birds and the croaking crow-like call of the best-known species of the night heron, the black-crowned night heron.

Night herons can nest alone or be socialites by nesting in colonies. Their nests are usually created from a platform of sticks within a group of trees or on the ground in protected locations on islands or reed beds. Females lay roughly three to eight eggs.

As their name suggests, night herons do most of their foraging at dark. Their approach is to stand still at the water’s edge and wait to ambush prey, mainly at night. They primarily eat small fish, crustaceans, frogs, aquatic insects and small mammals. They tend to rest in trees or

bushes during the day.

Adults are known to be stout birds with short necks and short legs with a plumage that is primarily brown or grey and, in most cases, sporting a black crown. The younger night herons are brown with white flecks.

Last week, a night heron hatchling was delivered to the CROW rehabilitation clinic from Fort Myers after it was found on the ground with no sign of parents in the immediate area. The baby bird was said to be “slightly dehydrated” and was immediately given fluids.

For three days, CROW medical staff provided the young heron with supportive care and monitored it to ensure it was growing and maintaining proper health. It was fed smelt (fish) and blood worms during its recovery.

Last Friday afternoon, the night heron was brought back to where it was found in Fort Myers. CROW staff at the site located a nest that was being occupied by two of its siblings. A happy reunion ensued.

If the nest wasn’t found, the intention was to leave the hatchling and observe it during a waiting period to see if the parents returned.

“The parents were observed in the area shortly after (arrival) and were seen flying in the area,” said Dr. Heather Barron. “Not to cause any additional stress, the staff left the area for the parents to reunite.”

Dr. Barron mentioned that, if the parents had not returned, the hatchling would have been brought back to CROW and placed in an outside flight enclosure



This little night heron hatchling received care at CROW until he was re-nested

when mature enough. It would not be released from CROW’s care until it was able to fly.

“That could be at least a couple of months,” Dr. Barron said prior to the bird’s return to its original site.

Luckily, for the balance of nature, the youthful night heron was reunited with its immediate family members. CROW staff members believe the hatchling is most likely a black-crowned night heron, judging by the sight of its parents, and will be checked on from time to time.

“CROW wildlife rehabilitators and volunteers will check the area to make sure the hatchling is doing fine and not on the ground,” said Dr. Barron.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.✧

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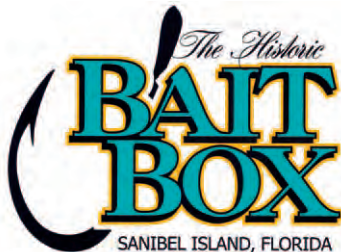
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The 2017 Sanibel-Captiva Nature Calendar



cover photo by Dick Fortune

2017 Sanibel-Captiva Nature Calendar Now On Sale

The cover of the 2017 Sanibel-Captiva Nature Calendar features a snowy plover chick on a shell-strewn Sanibel beach that was photographed by Dick Fortune, whose work continues to produce some of the islands' most dramatic images. The calendar features creatures that spend all their lives in an aquatic environment or at the water's edge. These animals are dependent on their different but connected water habitats for their daily health. Roseate spoonbills, ibis, a great egret and a little blue heron represent the waterbirds; a snowy plover chick and a pair of red knots represent the shore birds; a manatee, two alligators and two species of fish are four animals that spend all, or almost all, of their lives in water. Also in this edition are an eastern screech owl and four pileated woodpeckers just before they leave the nest.

"With the periodic releases from Lake Okeechobee, almost all the creatures we share our island and marine environment with continue to be negatively affected," said Jim Fowler, publisher of the calendar. "We must demand an immediate end to the flushing of the tainted water from Lake Okeechobee down the Caloosahatchee River and work toward restoring the historic southern flow in the Everglades watershed."

Photographers featured in the 2017 calendar are Theresa Baldwin, Marianne Bargiotti, Cliff Beittel, Dick Fortune, Sara Lopez, Lorraine Sommer and Don Thompson.

There are photo narratives by islander Betty Anholt and former islander Charles LeBuff. Each month features a shell sketch by late islander Sue Stephens and a turtle graphic during the sea turtle nesting months.

"Created from an idea that took seed during my island experiences since I first came to Sanibel in the early seventies, I have tried every year to put together a calendar that truly shows the natural beauty of the islands. It continues to be my goal each year to publish a calendar that not only is beautiful and useful, but also promotes wild-life conservation through interest, information and education," Fowler said.

First published in 1988, this is the 29th edition of this popular calendar. Sold only in Southwest Florida, it continues to set the standard for other calendar publishers.

The calendar retails for \$14.95 and is sold throughout Southwest Florida in book stores and gift shops. For mail orders, send \$14.95 (plus \$2 shipping and handling) to: Sanibel-Captiva Nature Calendar, PO Box 356, Sanibel, FL 33957. For the custom Blind Pass Tide edition, send \$17.95 (plus \$2 shipping and handling).*

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Garden Walk At The Bailey Homestead



Entrance to SCCF's Native Landscapes & Garden Center at the Bailey Homestead Preserve



The former Bailey Homestead



Carpenter bee

photo by Luc Century

Take a walk through the native landscapes at the SCCF Bailey Homestead Preserve at 10 a.m. on Wednesday, May 11. Stroll through the wildflower and pollinator garden, the agricultural area as well as the native landscape surrounding the old house. Learn about the connections between native birds, butterflies and pollinators to their favorite native plants.

The wildflowers are currently in bloom. Buy some seagrape and mangrove honey or take home a native Florida wild sweet basil to make your own pesto. Participants will meet in the last parking lot at the entrance to the Native Landscapes & Garden Center. No reservations are needed.

Snowy Plover Nesting Season

Snowy plovers are now nesting on island beaches, so watch where you walk. SCCF has been staking and monitoring plover and least tern nests on Sanibel and Captiva for more than 15 years. Join an SCCF biologist on Thursdays, May 12 and 26 at 1 p.m. in the SCCF Nature Center, 3333 Sanibel Captiva Road, to learn about this threatened species and what you can do to protect them. The cost of the program is \$5, with SCCF members and children admitted free.



A snowy plover with three eggs in its nest



Devil's Elbow Oxbow on the Caloosahatchee

Cruise the Historic Caloosahatchee on Mother's Day.

Tour the historic upriver Caloosahatchee on a 2½-hour Caloosahatchee Oxbow & Riverlore Cruise, departing from the W.P. Franklin Lock at 1 p.m. Explore the meanders of the Caloosahatchee back to a time when a waterfall served as the headwaters of the Caloosahatchee and settlers braved living amongst the wilderness. The last cruise of the year will be available on Sunday, May 8 (Mother's Day). The adventure begins by locking through the W.P. Franklin Lock in Olga. Heading east toward Alva, the vessel enters the historic bends of the river and passengers learn about the activities of the pioneers who traveled the same river to find paradise. Stories of the settlements and their adventures are blended with an understanding of the river's oxbows, the wild creatures that call it home and the challenges facing the river. Rae Ann Wessel, a river researcher, long-time river advocate, historian and (Sanibel-Captiva Conservation Foundation natural resource policy director, guides the tour. The vessel is the stable and spacious 47-passenger *Manatee Rover* pontoon boat that features daily manatee tours. All seats have a great view for photographs and bird watching. Private group cruises can be scheduled by appointment. Advance reservations are required and payment is due at time of reservation. Cruises return by 3:30 p.m. Tickets are \$45 per person. Note that reservations must be made by noon Friday, May 8 for the May 10 cruise. Call SCCF at 472-2329. Space is limited. Call SCCF at 472-2329 for more information on these programs. The Sanibel-Captiva Conservation Foundation is located at 3333 Sanibel-Captiva Road.✱

Shell Of The Week

Button Snail



by José H. Leal,
PhD, The Bailey-
Matthews National
Shell Museum
Science Director &
Curator

The button
snail,
*Modulus
modulus*
(Linnaeus, 1758)
is another local
species that shows

great variation in shell shape: some are stocky, others are taller, some light-gray in color, others mottled with brown flecks, some with tiny nodules on the shell surface, others with smooth shell. Button snails belong to the gastropod family *Modulidae*, and feed on microalgae and seaweed detritus. The shell aperture typically shows a strong chink, or notch, which forms a tooth-like lamellae, indicated by an arrow in the photo on the right. Learn more about local mollusks at <http://shellmuseum.org/shells/southwest-florida-shells>.

Shell Museum Events

Daily Island Inn Morning Beach Walks (Advance booking required): Join our marine biologist for a beach walk near Island Inn on Sanibel. Walks depart daily from the Island Inn lobby at 9 a.m. The cost is \$10 for adults and \$7 for children. Parking at the Island



Photos José H. Leal

The button snail, *Modulus modulus*. Photo on right shows detail of tooth-like projection (arrow) inside shell aperture.

photos by José H. Leal

Inn is free for beach walk participants. Space is limited; book online at shellmuseum.org/events or call 395-2233 to make a reservation. All beach walk guests receive half-off museum admission. (Current Island Inn guests please book through the Inn).

Mollusk movies and scavenger hunts continuously throughout each day.

Tank Talks continuously throughout each day: Gain great insights into the fascinating world of local mollusks.

Monday at 1:30 p.m.: Carolyn's

Collection – A fun and engaging look at quality shells of a private collector. (Please check shellmuseum.org to note any schedule changes.)

Tuesday at 1:30 p.m.: Shell Bingo.

Wednesday at 1:30: Mollusk

Matinées – A series of nature-related lectures presented by local experts. (Please check shellmuseum.org for weekly topics.)

Thursday at 1:30 p.m.: Cool Shells – See some great shell treasures not on exhibit.

Friday at 1:30 p.m.: Arts & Crafts – Create marine-themed art and take it home with you.

Saturday at 1:30 p.m.: Sanibel Shells – Discover the look, feel and subtle differences of local shells.

Sunday at 1:30 p.m.: Shell Bingo.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.✱



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Tarpon Time Has Arrived



by Capt. Matt Mitchell

It's been amazing how quickly Pine Island Sound has visually recovered from the Lake Okeechobee water releases. What was brown, funky colored water during January

and February has now become clear and blue again. During the few really calm days on the water this week it was easy to see all kinds of life the sound harbors, including rolling tarpon and the big schools of threadfin herring they feed on.

A slow to non-existent morning tide most of this past week slowed the action a little. Snook, redfish and trout have been my main target species. Live shiners were the bait of choice and are now somewhat easier to catch than they have been the past few weeks. Wind-blown shorelines often held all three species while other shorelines



Kat White from Gainesville with a 24-inch redfish caught while fishing with Capt. Matt Mitchell this week

where void of any fish. It was basically a matter of going shoreline to shoreline until you hit 'em and every day was a little different due to changing wind directions.

We also caught a few bonus species of large mangrove snapper along with

even a few tripletail while running around the sound. Large jacks and lots of ladyfish were also caught while mangrove fishing this week.

Clear water often made it easy to locate where the fish where laid up and some days it was as simple as presenting them a bait for an instant hook-up. Other days you could see the fish sitting against a shoreline or out in a sandhole and nothing would coax them into eating. Much of this had to do with the lack of any kind of water movement for several hours during the day. All in all though it was a productive week on the water with lots of rod bending action on some quality redfish and snook.

May 1 marks the end of snook season for our region of Florida but more importantly to many anglers it's time to switch it up and start fishing for the much beloved tarpon. I'm always excited to begin my tarpon fishing season and even a little more so this year as I've been seeing lots of tarpon throughout the sound in the past few weeks. With near perfect water conditions and lots of bait around, it's looking like this could be one of the better tarpon seasons we have had in recent years.

Anglers travel from all over the country and around the globe to try and catch these hard fighting, high jumping tarpon that migrate into our back yard in huge numbers every spring. Tarpon are certainly one of the more challenging fish to catch as they make multiple acrobatic jumps and blistering, drag-screaming runs during battles that can go as long as an hour. They are caught by a wide variety of methods ranging from cut bait fishing to fly fishing so these shallow water gamefish appeal to all types of anglers.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol.com.✪

Send Us Your Fish Tales

The *Island Sun* would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the *Island Sun*, 1640 Periwinkle Way, Suite 2, Sanibel, or email to press@islandsunnews.com; or call 395-1213.

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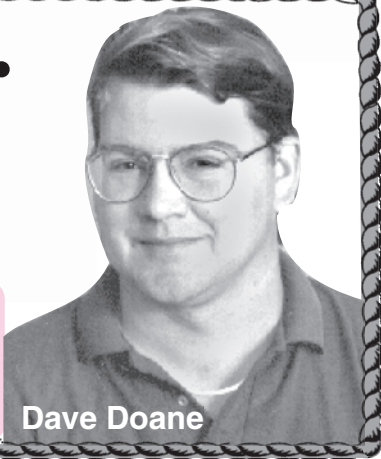
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Wildlife Spotted Along The Sanibel River



Jack David holding a large mouth bass, estimated between eight to 10 pounds, caught while fishing the Sanibel River



Bluegill



Nesting ospreys with two young ones



Alligator



Gopher tortoise seen near Twin Lakes at Lake Murex



Alligator

Island resident Jack David shared a number of photographs of animals he's seen while exploring the Sanibel River recently. They include a large mouth bass and a bluegill fish that he caught.

David also spotted an iguana, an alligator, several turtles and a nesting pair of ospreys with two young ones in their nest.✱



Softshell turtle



Iguana



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SCCF Launches Nightly Turtle Tagging Program, Seeks Donations



Volunteers check a sea turtle nest after hatching

submitted by Cheryl Giattini of Sanibel-Captiva Conservation Foundation

For many islanders, May marks the end of the “busy season.” The traffic improves and, for some, thoughts turn to northern homes and summer travels. But for a dedicated group of staff and volunteers at Sanibel-Captiva Conservation Foundation – those working tirelessly in the Sea Turtle Program – the nesting season is just heating up.

The sea turtle season is officially under way and the first nest of the season was laid on April 22 – what a great marker that was to celebrate Earth Day! We’re coming off a record year for sea turtles on our beaches, with 522 nests laid on Sanibel and 133 nests laid on Captiva in 2015.

Protecting the nesting sea turtles and hatchlings on our beaches would literally not be possible without the tireless efforts of more than 100 SCCF volunteers and a small but dedicated group of staffers. Every morning from April through October, they survey 18 miles of beach. Rain or shine, usually in the company of no-see-ums, they search for tracks that sea turtles might have left behind when emerging from the sea to nest.

The discovered nests are staked and then monitored daily until the hatchlings begin crawling to the gulf. Storms, humans and predators may disturb or destroy the nests, reducing their survival. After the nests hatch, they are evaluated to determine the number of hatchlings that successfully emerged.

SCCF’s volunteers play a huge role in educating folks on the beach about keeping the beaches safe for nesting sea turtles by turning off lights, removing beach furniture at night and filling in large holes that could trap turtles. Our volunteers also help to reduce the amount of trash left on the beach. Last year they collected over 800 gallons of trash that could have been ingested by sea turtles and other marine creatures.

In addition to nest protection activities, the sea turtle program also responds to live and dead sea turtles that wash up on the beach, participates in collaborative research projects and helps monitor beach construction projects.

This season, we are very excited and proud to launch our nighttime tagging project that will provide important data for our nesting research on Sanibel and Captiva. This new work will add our local data to the research currently being done by Mote Marine in Sarasota and the Conservancy of Southwest Florida on Keewaydin Island.

Please consider celebrating the start of sea turtle season by supporting SCCF’s conservation activities. If you have not yet contributed to SCCF’s annual fund drive, your gift will qualify you as a member in good standing for another year. If you have already made a donation this year, we hope you might consider supporting the new Adopt-A-Beach Program to help fund sea turtle monitoring. If you have questions, contact Cheryl Giattini at 395-2768 or cgiattini@sccf.org.

And for those of you looking for a different way to support SCCF and the sea turtles, you are invited to join Yali Zawady of Ambu Yoga on Friday, May 6 at 7:30 p.m. She is leading a New Moon Meditation on Alison Hagerup Beach Park at the end of Captiva Drive. Once a month, instead of class fees, Yali accepts donations for the Adopt-A-Beach Program, and an anonymous donor will match your donation. To learn more visit www.ambuyoga.com.✧

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Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to tutsie@centurylink.net. Each week, individual work will be showcased.

selected by Tanya Hochschild

Texas Heat and Ansel Adams by Nancy McDowell

Taking a last deep breath
of the cool circulating air,
I open the car door and step out
into the Texas heat.
Palpable and cloying, it hits me:
Steamy fingers clawing little
troughs of sweat
along my forehead, cheeks and
back;
the wetness sticky on my skin
as it trickles and evaporates.
I visualize the two Ansel Adams
photographs on my wall:

Cathedral Spires, with its snowy
peaks
stretching upward like fingers
grasping at heaven;
El Capitan, partly blotted out by
tendrils of snow
that smoke and curl as if coughed
up by a prairie chimney.
Overheated cells cool
as light and shadow play in my
mind;
blowing snow fills the furrows
of sweat, creating tiny snow drifts
in their place.
The pavement cracked, buckled
and baked
by too many summers
begs moisture and shade beneath
my feet;
but I'm untouched by the Texas
heat.

Nancy McDowell retired to Shell Point after living in Texas for 12 years. Her poems have appeared in the *Island Sun* and she received *Writing.com's Quill Award* for best free verse poem.✱

Artist Joins Gallery



Wendy Miller

Local jewelry artist Wendy Miller joined Tower Gallery on May 1. Miller is a local, self-taught artist who is known for her "organic" work in jewelry and art, incorporating natural, hand-collected materials such as shells, driftwood and sea glass.

Miller lives and creates her art on Captiva and displays her work in local galleries as well as coastal locales along the Eastern Seaboard. She has



Pendant by Wendy Miller

been making jewelry for many years. Miller said, "I am so pleased to be a part of Tower Gallery. It is an honor to be recognized locally and to be in the company of such esteemed artists in the gallery."

Tower Gallery is located at 751 Tarpon Bay Road. It is an artists' cooperative consisting of 23 artists in two-dimensional and three-dimensional media. The gallery is open seven days a week from 10 a.m. to 9 p.m. For more information, call 472-4557 or visit www.towergallery-sanibel.com.✱

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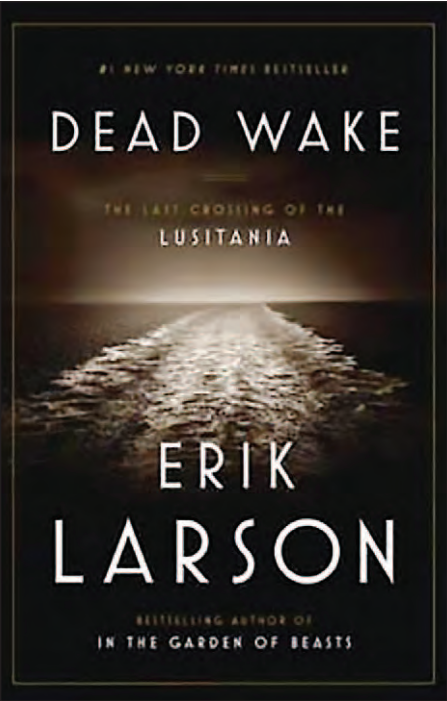
by Di Saggau

On May 1, 1915 with World War I entering its 10th month, a luxury ocean liner as richly appointed as an English country house sailed out of New York, bound for Liverpool,

carrying a record number of children and infants. It was the fastest civilian ship then in service. The passengers were surprisingly at ease, even though that morning a German notice had appeared in the city's newspapers warning that travelers sailing on British ships "do so at their own risk." Though the notice didn't name a particular vessel, it was widely interpreted as being aimed at the *Lusitania*.

With his remarkable new work of nonfiction *Dead Wake*, Erik Larson ushers us aboard the *Lusitania* as it begins its tragic and final crossing. The idea that a German submarine could sink the ship struck many passengers as preposterous, a sentiment echoed in Cunard's official response to the warning: "The truth is that the *Lusitania* is the safest boat on the sea. She is too fast for any submarine."

German U-boat captain Walther Schwieger thought differently. *Dead*



Wake switches between hunter and hunted, allowing readers to experience the crossing and the disaster itself, as it unfolds. Even though readers know the outcome, the book keeps one's interest throughout. In discussing this at my book club we decided, one reason is because Larson brings such a broad cast of characters to life and we want to know if they will be among the survivors.

This includes famous Boston bookseller Charles Lauriat, a passenger carrying an irreplaceable literary treasure,

a rare edition of *A Christmas Carol*, Alfred Gwynne Vanderbilt and, of course, *Lusitania* Captain William Thomas Turner, who placed tremendous faith in the gentlemanly strictures of warfare that for a century had kept civilian ships safe from attack. Also central to the story is Winston Churchill, then First Lord of the Admiralty and head of an ultra-secret spy group, Room 40, that failed to convey crucial naval intelligence that might have saved the *Lusitania*.

During an interview on television Larson said on the afternoon of May 7, it was a beautiful day and many passengers were on deck anticipating their arrival soon in Liverpool. Suddenly, they spotted a torpedo, traveling 42 miles an hour, headed for the ship. Some said "it was a beautiful sight" as it cut its wake through the water. After hitting the ship, a second internal explosion sent the *Lusitania* to the bottom in 18 minutes. Of the almost 2,000 passengers, only some 760 survived.

Dead Wake, The Last Crossing of the Lusitania, is a captivating book, thrillingly told and full of surprises. It captures the sheer drama and emotional power of a disaster whose intimate details and true meaning have long been obscured in the annals of history.✧

Current Events
Extends Meetings
Through Summer

For more than 34 years, men and women of Sanibel and Southwest Florida have met weekly to enjoy civil discourse on domestic and international news. The group meets every Monday, year round, for two hours in Phillips Gallery at BIG ARTS starting at 10 a.m. Current Events will continue to meet during the summer months.

Friendly experienced moderators and participants develop select scenarios and questions for courteous discussions on up-to-date topics. Brief, informational answers are given to stimulate exciting responses and fun.

"With the country's current political climate, this is a good time to take a break from the heated political discourse," said Malcolm Martini, chair of Current Events. "Join us each Monday for lively, civil conversations on more than just the election."

The Current Events meetings are held at the BIG ARTS Center, 900 Dunlop Road on Sanibel. For more information, call Shirley Stewart at 939-1050.✧

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BIG ARTS Brings Open Doors Program Back To Founders Gallery

The 27th Lee County Alliance for the Arts Open Doors arts program exhibit is on view in the BIG ARTS Founders Gallery through May 27. There will be an artists reception on Friday, May 6 from 5:30 to 7 p.m.

The Open Doors program is designed for children who demonstrate artistic interest or talent, but who also have a financial need. The focus of the program is to provide these students with a venue to create and learn about art.

"This is their safe place," said Alliance of the Arts Admissions Coordinator Krista Johnson, who also teaches the class, along with her husband Leo. "I tell them to 'Paint their frustrations out!'"

It was the prominent local artist Jean Dean who gave birth to the Open Doors project in 1989. During a reception at the Barbara B. Mann Performing Arts Hall, she met a little boy named Carlton White who was helping paint a mural. She was so impressed with his work, she asked if he took private lessons. He did not. "He was so talented," Dean said. "I just felt I had to do something to encourage Carlton." Dean made arrangements to get a room at the Dunbar Recreation Center for a few hours on Saturday mornings and conducted lessons for Carlton and three or four other children, at no cost to their parents.

Leo Johnson is now the director of Open Doors, after Dean stepped down due to health problems. The Johnsons have taught literally hundreds of students over the course of their 27 years of being a part of Open Doors.

"We first have them focus on abstract art and drawings and then we bring them to higher levels of painting," Leo said. "We want them to make up their own

characters, instead of ones which are easy to draw."

The Lee County Alliance for the Arts Open Doors Program runs from September to June each year.

This scholarship program is by teacher referral for youth ages 9 to 16, although the Johnsons do accept older students as well.

"Some kids come in and are very quiet and shy," Krista said. "Then after a few classes, they just blossom. They help each other and critique each other and their confidence grows."

At the end of session, students have a chance to show and sell their work at BIG ARTS in May and at the Alliance for the Arts in June. All the money goes directly to the student.

"We are so appreciative of BIG ARTS to allow the kids to show and sell their art there," Krista said. "They sell their work from \$5 to \$15 and when they find out they sold one of their pieces, their eyes just widen. They get pretty excited."

The opportunity to encourage the younger generation in the arts field is why BIG ARTS opens its doors to the aspiring artists.

"It's important to nourish our youth in the arts and BIG ARTS is thrilled each year to give the students in this program the exposure they deserve by exhibiting their work here in Founders Gallery," said BIG ARTS Executive Director Lee Ellen Harder. "Hopefully, it inspires them to continue to explore their artistic talents."

The Open Doors program is supported through donations. If you would like to make a donation to the program, contact the Alliance for the Arts at 939-2787 and state that your donation is specifically for the Open Doors program.

Season sponsor for Founders Gallery is Deborah and John La Gorce.

For more information about the exhibit, to donate or volunteer at BIG ARTS, visit www.bigarts.org or call 395-0900.

BIG ARTS is at 900 Dunlop Road.✧



Leo and Krista Johnson



One of the pieces which will be for sale



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Best of Show painting by Inka Schulz

High School Art Exhibit Winners

Hundreds of Lee County high school art students and their families gathered at the Alliance for the Arts on April 20 for the opening reception of The Future



Best of Show sculpture by Hanna Trusiewicz

of Art. The annual juried exhibition featured works in mediums including painting, drawing, digital photography, mixed media, computer art and 3D. Awards were announced, including two Best of Show awards which went to Mariner High students Inka Schulz for her painting and Hanna Trusiewicz for her sculpture. Other category winners

were Juan Cabrera from Lehigh Senior High for Ceramics, Emily Madsen from Lehigh Senior High for Black & White Drawing, Fiona Dowling from Fort Myers High for Color Drawing, Jade Buohler from Lehigh Senior High for Computer Art, Taylor Kent from Fort Myers High for Digital Photography and Rachel Hujsa from Fort Myers High for Mixed Media.

This is the 24th year the Alliance has partnered with Lee Arts Educators Association (LAEA) to display student work in a formal exhibit. The exhibit was sponsored by Pediatric Dentistry of Fort Myers – Dr. Tim Verwest. Evan’s Neighborhood Pizza provided pizza for the opening reception.

2016 WINNERS

Ceramics

1st place, Juan Cabrera, Lehigh Senior; 2nd place, Tiffany Rodriguez, South Fort Myers; 3rd place, Maxime Miville, Fort Myers. Juror’s Choice Awards: Dominique Hoskisson, Fort Myers; Madeline Miller, Estero; Christine Solomon, Estero; Stephanie Sheard, Lehigh Senior.

Sculpture

1st place, Hannah Trusiewicz, Mariner; 2nd place, Sandraya Velazquez, Estero; 3rd place, Gracie Wright, Cape Coral. Juror’s Choice Awards: Caitlin Hatchel, Riverdale; Megan Gerst, Lehigh Senior; Dawson Degroot/Colton Hardee, Fort Myers; Joel Ralls, Mariner.

Drawing Black & White

1st place, Emily Madsen, Lehigh Senior; 2nd place, Jessica Xia, Canterbury School; 3rd place, Raja Al-Bahou, South Fort Myers. Juror’s Choice Awards: Aubin Stam, Mariner; Melissa Moore, Mariner; Trier Saboda, Evangelical Christian School; Kaylee Hernandez, Mariner.

Drawing Color

1st place, Fiona Dowling, FortMyers; 2nd place, Emma Saenz, Cape Coral; 3rd place, Sam Velez, Lehigh Senior. Juror’s Choice Awards: Raja Al-Bahou, South Fort Myers; Brianna Curulli, Island Coast.

Computer Art

1st place, Jade Buohler, Lehigh Senior; 2nd place, Inka Schulz, Mariner; 3rd place Maegan Levesque, Cape Coral. Juror’s Choice Awards: Jackie Brodskaya, FortMyers; Junco Nelson, Bishop Verot.

Digital Photography

1st place, Taylor Kent, Fort Myers; 2nd place, Emily Vandyke, Cape Coral; 3rd place, Grace Speas, Fort Myers. Juror’s Choice Awards: Maegan Levesque, Cape Coral; Morgan Smith, Canterbury School; Mercedes Lewellen, North Fort Myers; Kylie Corey, Fort Myers; Jennifer Roberts, Bishop Verot; Pam McCabe, Mariner.

Mixed Media

1st place, Rachel Hujsa, Fort Myers; 2nd place, Ana Pires, Lehigh Senior; 3rd place, Callie Gilmore, South Fort Myers. Juror’s Choice Awards: Darren Valdez, Lehigh Senior; Haley Keller, Cypress Lake.

Painting

1st place, Inka Schulz, Mariner; 2nd place, Aaliyah Griffen, Riverdale; 3rd place, Kayla Hardway, Riverdale. Juror’s Choice Awards: Josee Cherubin, North Fort Myers; Shelby Dahl, North Fort Myers; Anderson Eras, East Lee County; Haichao Wang, Bishop Verot; Anna Troyer, Riverdale; Amalia Smith, Dunbar.*



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The cast

British Comedy Playing At Strauss

by Di Saggau

There are a lot of laughs coming out of the BIG ARTS' Herb Strauss Theater, where the comedy *Table Manners* is now showing. It ends this Sunday, May 8, so get your tickets now. *Table Manners* is the first of three plays in Alan Ayckbourn's "trilogy," *The Norman Conquests*. All three plays interact and stand alone. *Table Manners* is considered the "funniest." Like the others, it is set in England and is very "British."

Basically, the story centers around an extended family of two sisters and an older brother and their mates. Annie (Holli Kirk Martin), the youngest of the three, still lives at home tending to an elderly, bedridden mother we never see. She desperately wants to be swept off her feet by someone. When Reg (Roy Gibson), her older brother, and his bossy wife, Sarah (Shelley Sanders), arrive to give Annie the chance to escape for the weekend, fireworks start immediately. Annie tells Sarah she is going away with her sister's husband, Norman (Patrick Erhardt). Sarah tells her, "You just don't go on a holiday with your sister's husband." She suggests Annie try to form a love interest with Tom (Pottz



A scene from *Table Manners*

Turlington), the local vet who has been hanging around for some time but can't quite get up the nerve to date her.

When Norman's wife, Ruth (June Koc, who also directed the show), joins the party unexpectedly, one quickly discovers why Norman wants to get away. She is a high-powered and seriously short-sighted executive who laughs hysterically when she finds out his weekend plans. The central figure is Norman, who needs desperately to be needed. Erhardt plays him to the hilt with numerous

laugh-out-loud moments. At one point, at the dinner table, no one will talk to Norman, because he wreaked havoc the night before, so he just talks on and on to himself. It's hysterical to say the least. This is a wildly funny two-act comedy about a weekend in the country gone awry.

Table Manners plays through this Sunday, May 8 at the Herb Strauss Theater, located at 2200 Periwinkle Way on Sanibel. To purchase tickets, call 472-6862 or 395-0900.*

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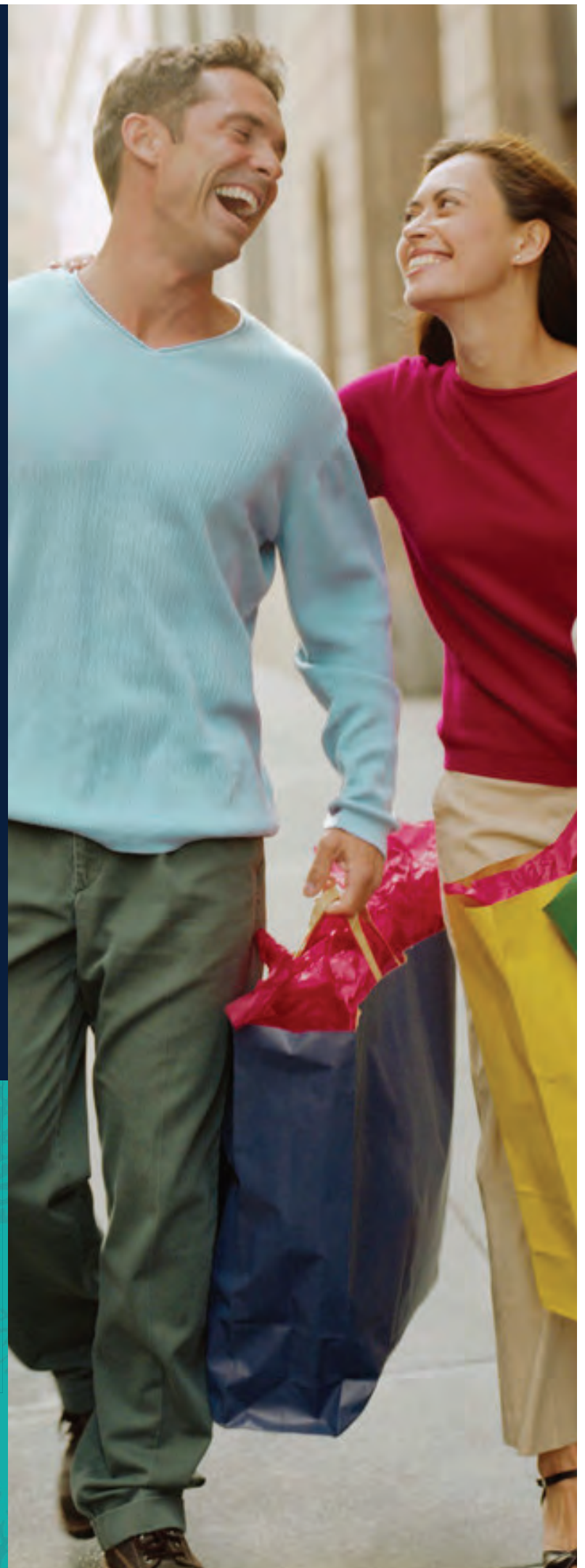
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On April 28, The Sanibel School's Blue Ribbon Partners were recognized for their support of the award-winning K-8 school. The gathering included mingling, refreshments, the presentation of ribbons and a performance by the school's Spanish Club.

photos by Jeff Lysiak



Principal Barbara Von Harten offered thanks to all in attendance

Sanibel School Honors Blue Ribbon Partners

by Jeff Lysiak

Last week, The Sanibel School hosted Blue Ribbon Partner Appreciation Day in recognition of community businesses, individuals and families who have made significant contributions in support of the award-winning K-8 educational facility.

The April 28 gathering held at the school's courtyard included refreshments with mingling, the presentation of ribbons and a musical performance by the school's

Spanish Club, led by teacher Silvia Zavala.

"Thank you from the bottom of my heart for helping make us a National Blue Ribbon school," said Principal Barbara Von Harten, who later noted, "All of our students receive Spanish instruction thanks to your generosity."

Recognized that morning were Blue Ribbon Partners including (Premier Sponsor) Sanibel-Captiva Kiwanis Club; (Title Sponsor) The Kremenchucker Law Firm, Doc Ford's Rum Bar and Grille, Charitable Foundation of the Islands; (Grand Sponsor) Bank of the Islands, Sanibel Captiva Trust Company, The Sanctuary Golf Club, Bay Medical Solutions, The Dunes Golf & Tennis Club, Beach Piez, The Kerscher Family, AJ and

continued on page 12B



From left, Kim and Ken Kouril, Steve Greenstein and Marty Harriy



Silvia Zavala and members of the school's Spanish Club



Willy Ocasio and Rob Linsenbee from Bank of the Islands with Kim Kouril



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Sanibel Women Voters Choose New Officers At Annual Meeting



Deirdre Macnab, the speaker; Robyn Cook, the incoming Sanibel LWV president; Carla Benninga, founding president; and Robin Krivanek, past president

On an island where so many birders reside, it surpasses fiction to think that the retiring president of the local League of Women Voters is named Robin and the incoming president is named Robyn. But it's true.

League members, who include men as well as women, honored Robin Krivanek at their annual meeting on Thursday, April 21. Krivanek brought deep experience with voting to her two terms of leadership, having served almost 20 years as elected supervisor of elections in Hillsborough County. In retirement, she moved to Sanibel and became active in the conservation community as a volunteer naturalist at Sanibel-Captiva Conservation Foundation (SCCF) and a member of the SCCF board.

Robyn Cook, newly elected LWV president, also brings great elective and administrative experience to her office. A transplant from Minnesota, she served eight years on the Wayzata City City Council as well as six years as a member and chair of that city's planning commission.

Also elected to lead the organization were Barbara Cooley, vice-president, Ellen O'Neill, secretary, and Ellen Strobel, treasurer. Directors include Judith Jones, Rosemary Powell, Martha Siders and Robin Krivanek.

Featured speaker at the annual meeting was Dierdre Macnab, whose six-year tenure as president of the Florida LWV coincided with the founding of the Sanibel LWV. Macnab gave special recognition to Carla Benninga, a Holocaust survivor and local activist, who was instrumental in founding the Sanibel group.✧



From left, Steve Greenstein, Ralph Clark, Melissa Congress, Chris Heidrick, Jeannie Kendall, Tim O'Neill, Al Hanser, Chip Roach, Ginny Stringer, Tony Lapi, Mary Ellen Pfeifer, Mike Kelly and Paul Roth

Foundation Honors Board Member

At its May board meeting, the Charitable Foundation of the Islands (CFI) honored outgoing board member Jeannie Kendall for her service to CFI and the community. During her board service, Kendall led an effort to make major revisions to the grantmaking process for CFI, which improved access to grants for nonprofits on the islands and also reduced the administrative effort required. She served as the grant committee chair both before and after the changes. Al Hanser, chairman of CFI, presented Kendall with a plaque from the board commemorating her outstanding service.✧

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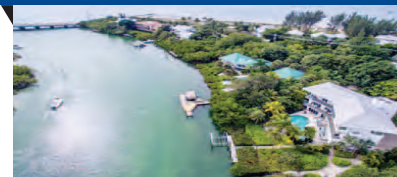
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Trust Company End Of Season Gathering



Sanibel Captiva Trust Company President Dick Pyle visits with Dean Wilcoxon

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"After a busy season, this is the one evening we are able to gather so many people together to show our appreciation for their friendship and confidence in our team," trust company



Sanibel City Manager Judie Zimomora with Al Hanser

chairman Al Hanser said.

Now in its sixth year, president Dick Pyle had praise for the gathering. "We're celebrating our 15th anniversary this year and these folks are the reason for our success. We want the opportunity to tell them so," he said.

Learn more about The Sanibel Captiva Trust Company by visiting sancaptrustco.com.✴



Vonnies Dressel, left, Elaine August and Sally Hanser



Jim Sprankle and Penny Wilkinson have a discussion with Al Hanser

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Sanibel Captiva Trust Company Vice President Robin Cook visits with Art Cassel



Sanibel Captiva Trust Company board member Genny Fleming chats with a guest



Al Hanser, left, welcomes Robert Wells III to the celebration



Sanibel Captiva Trust Company Founder and Chairman Al Hanser greets guests

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Power Squadron Launches Life Jacket Loaner Program

The Sanibel-Captiva Power Squadron, in cooperation with the Sanibel Fire Department, has installed a new life jacket loaner stand at the Sanibel Fire and Rescue Station on Palm Ridge Road. The stand holds life jackets that boaters and swimmers may borrow to replace missing or damaged personal flotation devices (PFDs) or to use for extra guests on board their boats. The life jackets are free to borrow and are available in a variety of sizes including infant, child, youth, adult and adult XL.

The life jackets and stand were provided courtesy of the Sea Tow Foundation. The Sea Tow Foundation is a non-profit, 501 (c)(3) organization dedicated to promoting safe boating practices. One of the ways the Sea Tow Foundation accomplishes this purpose is through their Life Jacket Loaner Program. Since 2008, the foundation has distributed over 35,000 life jackets to boaters across the country. The majority have been purchased through a grant from the Sport Fish Restoration and Boating Trust Fund, administered by the U.S. Coast Guard.

As part of the current grant, the Sea Tow Foundation accepted applications from non-profit organizations and boating agencies across the country who were interested in hosting a life jacket loaner program in their local areas.

Ellen Trevor, a member of the Sanibel-Captiva Power Squadron, wrote the grant for the local program.

The U.S. Coast Guard requires that a properly fitting life jacket be available for every passenger aboard a boat and that anyone under the age of 13 wear one at all times while on board and outside of an enclosed cabin. The Coast Guard also strongly recommends that everyone always wear a life jacket while a boat is underway.

“This life jacket loaner stand will be popular with local



Jim Strothers, past commander, and Pat Schmidt, executive officer



Sanibel-Captiva Power Squadron members Jim Strothers, Mike Schmidt and Pat Schmidt assemble the life jacket stand

boaters who forgot to pack their life jackets or realize that their kids have outgrown their old life jackets,” said Michael Wesolowski, executive director of Sea Tow.



Pat Schmidt and Jim Strothers with Rick Tassoni and Brian Howell of the Sanibel Fire Department

“People of all ages can easily find a free life jacket that fits to wear for their day on the water, and then return it for someone else to use the next day.”✱

Duplicate Bridge

On Tuesday, April 26, there were five tables in play at The Community House. The winners were:

1. Yvonne Dressel and Kenneth Appel
2. Geoffrey Moss and Will Smith
3. Linda and Gordon Coons
4. Clara and Terry Terrana

There are two ACBL-sanctioned games per week, Tuesdays and Thursdays from 1 to 4 p.m. at The Community House, 2173 Periwinkle Way on Sanibel. The Tuesday game runs from the beginning of January through the end of April; the Thursday game runs from the beginning of January through the end of March.

For additional information, call Susan Willoughby at 281-3258.✱

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Lee County Failing Young Haitian-Americans

submitted by Sandy Teger

Beatrice Jacquet stood at the front of the room and passed out a one-page test to each of the Democratic Club of the Islands meeting attendees. In a soothing voice, she said, "Don't worry, don't get nervous – this is just a placement test to see where you belong." Everyone looked at the paper in front of them and looked up in confusion. Jacquet again reassuringly intoned the words about not getting nervous.

"This is your entry test," she added. "We're just using it to find out how much you know, so we can get you to the right spot."

The 40-plus Sanibel area residents gathered at the meeting looked at the questions, at one another and at Jacquet. One person asked, "How do you say 'How are you?'" The right answer was "Kijan ou ye?"

It got harder from there.

It didn't take long to get the message. Jacquet, co-president of the recently-formed Haitian-American Democratic Club (HADC), was showing us how it feels when Creole-speaking Haitian-American children are tested for placement in Lee County schools. They can't be placed at the proper grade level if they don't understand English, so they start behind and get further behind over the



Jane Kuckel, Lee County school board candidate for District 6, and Beatrice Jacquet, co-president of the Haitian-American Democratic Club of Lee County
photo courtesy Sandy Teger

years. (By contrast, Latino children are given a test in Spanish.)

Jacquet and four other members of her group were welcomed at the Sanibel Public Library by the Democratic Club of the Islands. HADC's goal is to give a voice to the second largest group of non-English speakers in Lee County. The most important issue for her organization is helping the Lee County schools better serve the Creole-speaking Haitian-American community.

HADC estimates there are 20,000 voting-age American citizens in Lee County with Haitian backgrounds, many born in Haiti. However, there are no statistics on Haitian students in Lee County schools. While they think there are about 5,000 Haitian students in local schools, there is no way to know the true number; the questionnaires used to provide demographics on students do not have any category that counts them.

Although the county schools support English as a Second Language (ESOL) classes for Spanish speaking children, Creole speakers don't receive the same opportunities. Haitian Creole is the second most used foreign language among students in Lee County schools, yet there is not a single Creole-speaking teacher in county ESOL classrooms.

In Dade County, which has the highest population of Haitian immigrants, the solution that has worked is "Get Out & Vote." The Haitian-American Club is following Dade County's lead and working to increase Haitian-American voter registration. The key to success will be to identify school board candidates who will support much-needed change for Creole-speaking students.

In keeping with this emphasis, the evenings' speakers included Lee County School Board (At-Large) candidates Jane E. Kuckel for District 6 and Betsy Vaughn for District 7. Kuckel, with the urging of numerous parents and leading community members, has decided to run again after retiring from 12 years of successful work on the school board. In those years, she

demonstrated her skills in teaching and financial planning.

Vaughn has a 38-year career in teaching, including 19 years as a department chair in Texas and Estero. Her priorities include fiscal responsibility, teacher retention, and expanding early childhood education programs. She has been helping HADC ferret out the statistics to show the county school's shortfall in support for Creole speakers.

To give a voice to the Haitian-American's in Lee County, the club has a big outreach program to accomplish voter registration of this potentially large voting bloc. They are visiting many of the more than 50 Haitian churches and hosting special events like Haitian Community Flag Day on Saturday, May 14 in Fort Myers. Jacquet asked for those interested in donating to this effort to send a check to HADC, P.O. Box 62016, Fort Myers, FL 33906.

The Democratic Club of the Islands has many interesting speakers at their general meetings, which are held on the fourth Thursday of each month. For more information, visit www.islanddems.org.

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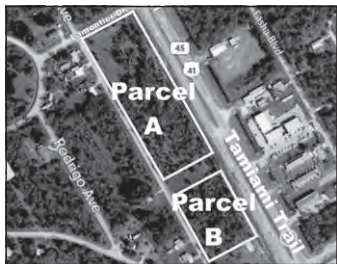
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Chris DeCosta, John Pryor, Jonathan Dean and Eldon Bohrofen

Rotary Inducts New Member

submitted by Shirley Jewell

Retired Maine attorney Jonathan Dean was inducted as the newest member of the Sanibel-Captiva Rotary. Now immersing himself in island activities, Dean has found a fit in Rotary. His club sponsor was John Mason, a friend from St. Michael's Episcopal Church. Dean's impressive resume made the membership



Jonathan Dean, new member, left, and membership chair Eldon Bohrofen

vetting process an easy task. Welcome to the club, Jonathan.

Taking part in Dean's induction ceremony were club president Chris DeCosta, membership committee member John Pryor and new membership committee chair Eldon Bohrofen.

*The Sanibel-Captiva Rotary meets at 7 a.m., Fridays at The Dunes Golf & Tennis Club. Guests are always welcomed.**

Optimist Club College Scholarship

The Sanibel-Captiva Optimist Club will offer one four-year college scholarship to a 2016 graduating high school senior. The new scholarship replaces one of the current six (since one current scholarship recipient is graduating college). Each scholarship is \$2,000 per year (\$8,000 total). The competition for the scholarship is open to all seniors graduating from high schools in Lee County in 2016.

Application forms are available at all Lee County high schools (see your guidance counselor), at Bailey's General Store and at Sanibel Café, both on Sanibel, and on the SanCap Optimist website, www.sancapoptimist.org. Additional information is available by email at sancapoptimist@comcast.net or from Stan Howard, by calling 472-0836. Scholarship applications must be postmarked no later than Thursday, June 12. The scholarship committee plans to make the final decision by the end of June.

Applicants should be aware that academic records, financial need, extracurricular activities, civic/community service records, and references are integral parts of the selection criteria. The application package provides exact procedures.

Current scholarship holders from Lee County are: Tyler Silcock (senior), Florida SouthWestern State College; Savar Nasirov (junior), University of Florida; Ramsey Fisher (junior), Florida International University; Peyton Davies (sophomore), University of Texas at Austin; Andrea Berrian (freshman) University of Florida; Dara Craig (freshman), Vanderbilt University.

Because of the generosity of local residents and businesses, these four-year scholarships have increased from \$7,000 to \$8,000; existing scholarships will benefit by increasing future payments from \$1,750 to \$2,000 per year. The SanCap Optimist Club also sponsors and supports a number of other activities on the islands with emphasis on kids' welfare and education. The club is a 501(c)3 organization.*



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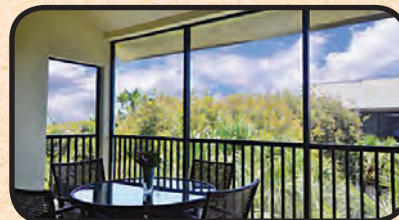


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Bicycle Club Travels To Florida East Coast

Members of the Sanibel Bicycle Club headed east to Stuart in their yellow jerseys recently to get a taste of a different island on the east coast of Florida. Highway A1A in Martin and St. Lucie County provided the group with a nice change of scenery from their usual rides through Sanibel's island landscape. The two-night trip combined culture and cuisine with cycling opportunities for all levels.

On the first day, the group of 29 cycled south on the island to the Gilbert's Bar House of Refuge – a museum where docents shared the history of the people and activities of the late 1800s. The refuge is the oldest building in Martin County.

Options for day 2 were numerous – some cycled 15 miles north to the jetty in Fort Pierce for lunch, others toured the Elliott Museum before or after a ride of their choice.

The bike lane on A1A offered varied scenery – parks, beaches, birds, a power plant, views of the Intercoastal Waterway and the Indian River. Club members socialized in the evenings from a suite overlooking the Atlantic before group dinners at Benihana and Pietros on the Ocean.

During season, the Sanibel Bicycle Club organizes periodic off-island rides for



Ready to ride

members, some of them involving over-night trips, to experience cycling in other parts of the state. Other ride destinations have included Everglades National Park, Venice, Lake Okeechobee, Pine Island and trails such as Pinellas, Withlacoochee, Gainesville-Hawthorne and West Orange.

In addition to its off-island cycling trips, the Club gathers each Saturday at 7:30 a.m. Cyclists meet at Sanibel Community Park (on Sanibel) to begin the ride, which includes short and long options, so cyclists of all levels are welcomed to participate. In season, the Club holds a pot luck dinner where members can socialize and trade notes on their cycling experiences. Those interested in learning more about the club can get more information at <http://sbcsite.altervista.org/SBC-Site> for maps, news, photos and more.✱



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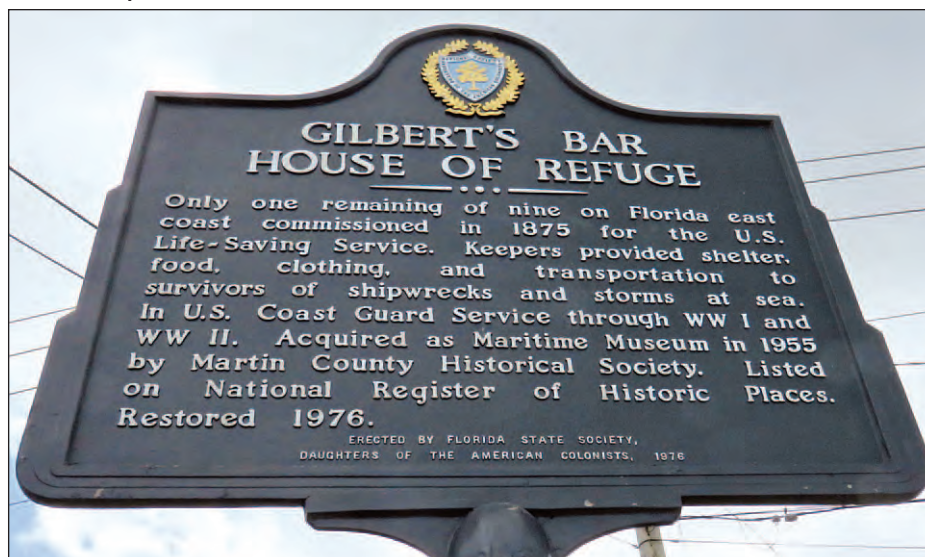
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Break for a photo



Gilberts bar house of refuge

Student Essays Focus On Rotary Four-Way Test

submitted by Shirley Jewell

Rotary firmly believes that if all people used the Four-Way Test to guide their thoughts and actions, the world would be a more ethical and peaceful place. To that end, our local rotary chapter sponsored an essay contest for eighth graders at The Sanibel School, encouraging them to deeply consider the implications of these four questions. Writing prompt: Consider a particular problem or conflict faced by teenagers or young people in your age group, perhaps a dilemma you have faced personally, or an issue facing your community, school, team, club or friends. Please avoid mentioning names of specific people involved. Write an essay describing how you could apply The Four-Way Test to address or resolve this conflict.

Rotary Four-Way Test

1. Is it the truth?
2. Is it fair to all concerned?
3. Will it build good will and better friendships?
4. Will it be beneficial to all concerned?

First Place 2016 Rotary 4-Way Test Essay Contest winner was Daisy Arensman in Mrs. Robinson's 8th grade language arts class. Daisy wrote:



Daisy Arensman

Inequality between boys and girls is an ongoing issue. This conflict should be resolved because it causes detrimental effects and upsets many people. If the Four-Way Test is applied to this conflict, then it will show how serious and harmful this problem is.

The first question that the Rotary test asks is whether or not the issue is true. Saying that boys are superior to girls or vice versa is obviously not true. According to the Government of the Netherlands, gender inequality is often caused by "people's vulnerability to



Peyton Yelenich

gender stereotypes." These stereotypes can be false and offensive. An example of a stereotype that I see very often is girls try harder in school and get better grades than boys. This is simply false. Gender is not what determines how well a student does in school. It is plainly the person's productiveness and personality that reflects their work. A stereotype that offends girls on a daily basis is that boys are stronger and more athletic. When teachers want people to help them move heavy loads, only boys are chosen. In physical education class when teams are being picked for sports, all the males are

chosen first and the females are picked last. People should not be categorized in this way. Many boys do better than girls in school, and many girls are better at sports than guys are. So the answer to the question on the Rotary Test is no. Claiming that one sex is inferior to the other is not true.

The second part of the Four-Way Test questions the fairness of the situation. Is it fair that men are chosen over women for jobs? Is it fair that women are paid less for doing the same job a man is doing? Is it fair that women are expected to stay home to cook and clean for their families? Benjamin Farnes writes that there is "no real difference between men and women." This is why the different treatment is not fair. People can't be expected to do something or be a certain way just because they are a particular gender. If a girl wants to play a sport, no one has the right to tell her not to do so. If a boy wants to sing, he shouldn't be ridiculed or judged for it. People need to be more accepting of what others want to do with their lives and not let gender affect their opinions. Jonathan Owens from a UK newspaper states that in India, 74 percent of children "totally agree" that a woman's most important role should "be a housewife." This statement is unjust, and it is even more upsetting that children are being raised to think of women as the weaker sex. The answer to the second question of the Rotary Test is also no because inequality is not fair and nor are its effects.

continued on page 14B



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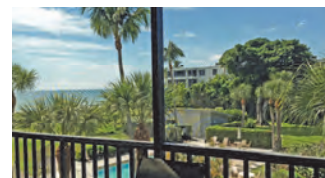
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Next year's Sanibel School Fund president Christian Fautz with current SSF president Kim Kouril

From page 1B

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Jeff Lysiak of the *Island Sun Newspaper* with Kim Kouril

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The Blue Ribbon Classic Golf Tournament will be held on Saturday, May 14 at The Sanctuary Golf Club, 2801 Wulfert Road on Sanibel. Registration begins at 11 a.m., followed by lunch and the shotgun start at 12:30 p.m. The helicopter ball drop will take place at 4:30 p.m., followed by an evening reception with live auction items. Music will be provided by Danny Morgan and the event's special guest will be Sanibel Mayor Kevin Ruane, who was one of the first Sanibel School Fund presidents who launched the golf tournament 10 years ago.

For more information, contact Kim Kouril at 233-4180 or kouril2013@gmail.com.✽

Island Seniors At The Center 4 Life

Met your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

Trash & Treasures Sale – returning in November. If you are doing some spring cleaning before heading back up north, the center welcomes your donations of clean, gently used items. All donations are tax deductible. Bring items to the center Monday through Friday between 8 a.m. and 3:30 p.m. The following items cannot be accepted: books, clothes, shoes, computers or old TVs.

Page Turners with Ann Rodman – If you are not on the Page Turners list, and wish to be, email annrodman@aol.com or contact the Center 4 Life.

The featured book for Wednesday, May 11 at 2:30 p.m. is *Go Set a Watchman* by Harper Lee. "Don't let *Go Set a Watchman* change the way you think about Atticus Finch... the hard truth is that a man such as Atticus, born barely a decade after Reconstruction to a family of Southern gentry, would have had a complicated and tortuous history with race." – *LA Times*

Games – Cost for all games is \$2.50 for members and \$5 for non-members. Prizes are awarded.

Bridge – Monday and Wednesday, register by 12 p.m. Game begins at 12:30 p.m.

Mahjongg – Thursday at 12:30 p.m.
Hand & Foot – Thursday at 12:30 p.m.

Tuesday and Thursday Kayaking – May 10 and 24 (weather permitting) at 8:30 a.m. There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a small snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

Fitness Classes

Classes are available and all ages are welcome. Island Seniors, Inc. members pay \$4 per class or visitors \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. This class keeps your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises and balance. Hand weights, stretch cords and your body weight will be used. Class begins with a joke and ends with a positive thought for the day. Athletic footwear required. Silvia Villanueva is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper align-

ment and circulation. Mats are used to meet the needs of varying experience levels. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. (through May 26). Similar to Gentle Yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by 2401 Library Way.✽

Lifeguard Course

The Sanibel Recreation Center will offer a three-day American Red Cross Lifeguard Course beginning on Friday, May 13 from 3 to 8 p.m., and continuing on Saturday, May 14 from 8 a.m. to 5 p.m. and Sunday, May 15 from 8 a.m. to 5 p.m.

Upon completion of the course, participants will be certified in lifeguarding, first aid, and adult and pediatric CPR/AED for the professional rescuer.

The American Red Cross offers course manuals online. Participants must bring a printed copy of the lifeguarding manual to all class sessions. For step-by-step instructions for downloading and printing the course manuals, contact the Sanibel Recreation Center at 472-0345. Course cost is \$210 for Rec Center members and \$275 for non-members. You must be at least 15 years old to register and able to attend all class sessions. Call the Rec Center for swimming ability prerequisites.

The City of Sanibel is in the process of hiring lifeguards. Individuals completing this course who are hired by the city will be reimbursed for the cost of the training.

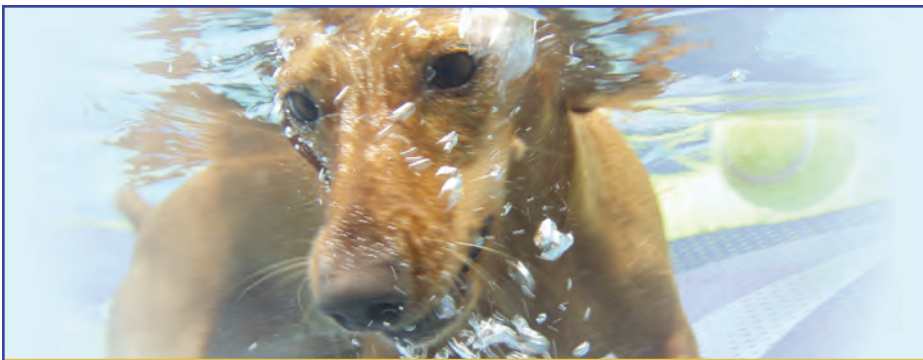
For more details, contact Tasha Maddix, aquatics manager, at Tasha.maddix@mysanibel.com.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Visit mysanibel.com to learn more.✽

Ride Of Silence

Matzaluna Italian Restaurant in conjunction with the Sanibel Bike Club and Billy's Bikes will be hosting the annual Ride of Silence. The ride will begin at 7 p.m. at Matzaluna and cross over the first two bridges of the Sanibel Causeway before a turnaround under the main span and returning to Matzaluna. Riders are encouraged to arrive for waiver signing and equipment check by 6:45 p.m. After the ride, Matzaluna will provide discounted food and drink for all riders.

Since May 2008, the Sanibel Bike Club has hosted the local Ride of Silence to honor fellow cyclists who have been killed or injured in cycling accidents and to raise awareness that everyone should share the road. The Ride of Silence is a worldwide event that takes place at 7 p.m. on the third Wednesday of May each year. Club members, friends, neighbors and community members are invited to ride in this short, silent, slow ride. Helmets are required for all riders and front and tail lights are required if you plan to ride your bike home after dinner.✽



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Portfolio Review And Strategy

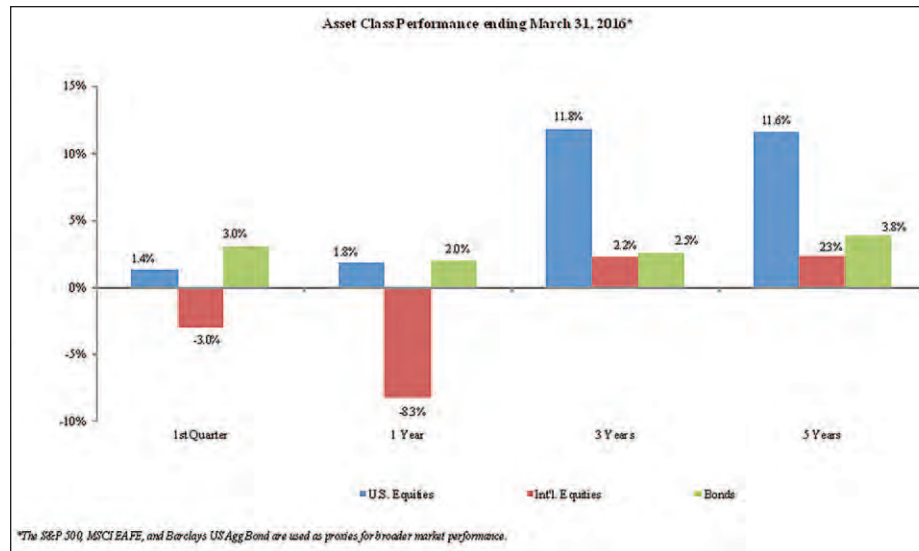


by Ian Breusch,
CFA, Vice
President, Portfolio
Manager, The
Sanibel Captiva
Trust Company

U.S. equity
markets
began
2016 by selling off
rather dramatically.
In fact, there

were periods during both January and February where markets had declined more than 11 percent before rebounding to higher levels by month's end. The last time we experienced an intra-month decline of the same magnitude was 2008, leading some to worry that we were on the brink of another recession. However, volatile energy markets and dire prognostications of many "experts" have since diminished following the strong stock market rally in March. Positive global economic data, particularly surrounding employment and generally solid corporate earnings, helped propel markets upward.

As a firm, we intentionally stay away from speculating on short-term market movements. Periods of heightened volatility are usually the worst times



Asset Class Performance ending March 31, 2016

to make wholesale portfolio changes. Nonetheless, absent any substantive economic or company-specific news, we are happy to continue purchasing high-quality U.S. businesses for our client accounts in the face of a declining market, which is what we did for many clients holding excess cash.

At this point, it seems rather clear to us that global markets have no real appetite for higher interest rates. The Federal Reserve Board's modest federal funds increase (from 0 percent to 0.25 percent) in December caused global equity markets to sink and bond markets to rally – pushing interest rates down even further. In March, the Fed adjusted

its outlook for 2016, and hinted there would be two more rate increases this year (down from four). However, based on the pricing of global assets, the market is expecting no more rate hikes in 2016. Regardless of what actually transpires this year, we continue to believe that historically low rates will persist over the near term.

For this reason, we continue to avoid most traditional fixed-income (bond) investments for our clients who need current income. Instead, we are buying high-quality dividend stocks, preferred stock, REITs and master limited partnerships (MLPs) for those clients. The first few months of 2016 have served as

a reminder that dividends can provide a thick layer of protection against share-price fluctuations because dividends are paid based on the number of shares you own, not on the value of your stock at a particular point in time.

Midway through 2015, we exited our emerging markets positions in growth-oriented accounts in light of the increased uncertainty surrounding China and many of its trading partners. The economic landscape, earnings expectations, and currency and commodity price movements began to outweigh the seemingly attractive valuation levels in many emerging economies. More recently, we have significantly reduced our developed international exposure as well. However, our decision to lower our developed market exposure was less a call against Europe and other developed areas of the globe, and more about the attractive opportunities we see domestically.

Our U.S. growth strategy appears quite attractive from a valuation standpoint, and we feel confident we can achieve our client's long-term growth goals by staying with high-quality U.S. companies.*

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Superior Interiors

Marvelous Master Bedrooms



by Linda Coin

Much more than just the place you sleep, today's master bedroom should function as a truly personal in-home retreat. The private nature of this room invites the indulgence

of sumptuous fabrics, heirlooms and collectibles or an exquisite oriental rug, which might be in jeopardy in other areas of the home.

Filling its role as the room's focal point, the bed should make a strong statement in the room's interior while imparting an ambience of luxury and leisure to the homeowners. Nothing says custom grandeur more than exquisite bed coverings with lavish accent pillows. And contrary to what every bed-in-a-bag retailer would have us believe, beds with varying frames, box springs and mattresses are not standard sizes. Custom design includes custom fitting.

Possibly more than in any other area of the home, window treatments here need to be both beautiful and functional. Providing there is a nice view, the window treatments should be designed to completely clear the windows when opened. Styles, fabrics, trim, hardware and fabrication techniques can vary tremendously to satisfy both function and beauty.

A small love seat or bench positioned at the foot of the bed can serve a dual role as a comfy nest for reading and as a rest for folding back the bed cover at night. If space is not at a premium, try two chairs facing each other with an ottoman between.

Side tables for the bed are growing even larger to provide storage and table top space for the accessories of this user-friendly "nest." The two bedside tables needn't be identical, but should reflect the personal needs of the individual sleeper. In fact, current styles don't call for the traditional "bedroom set" at all, but invite creativity and better functionality with individual pieces that work well together.

Deep, rich wall colors create a sense of tranquility as well as a hint of drama in a bedroom. Rugs, draperies, wallcoverings, furniture and plants can act as important sound absorbing elements to provide an intimate setting or solitude. A large, custom framed floor-length mirror can add interest as well as serve for dressing purposes.

Lighting must also be carefully selected. Lamps with fairly heavy shades and three way switches allow for reading and task lighting while offering a low setting to soften the mood.

A wonderful master bedroom should be used as an integral part of your living space. Make it personal, cozy, functional and private and you'll find yourself retreating there more often than ever before.

Linda Coin is an Interior Designer for Sanibel/Captiva Islands and can be reached at linda@coindecden.com.✽

From page 11B

Student Essays

Inequality between males and females does not build good will or friendships. In fact, it does the opposite. Inequality creates jealousy and competition between the two genders. Some boys and girls view each other as rivals and friendships can be destroyed. But goodwill and friendships could come of gender inequality if "boys and men join the fight for equality," says Jonathan Owens. This isn't very common though. Most men are fine with how things are since they aren't the ones getting paid less.

The final part of the Four-Way Test asks if the situation is beneficial to all concerned. This is an obvious no. Many are affected adversely by inequality, especially women. The issue had been going on for long enough and the world has to do something about it. No longer should people be treated unjustly based on their gender.

The Four-Way Test can resolve the issue of gender inequality by showing the world how unjust and wrong the situation is. One gender should not feel secondary or subordinate compared to the other, and men, women, boys, and girls all deserve to be treated equally.

Second Place 2016 Rotary 4-Way Test Essay Contest winner is Peyton Yelenich in Mrs. Robinson's 8th grade language arts class. Peyton wrote:

As we all know, in Syria there is a brutal civil war. Thousands of Syrians are trying to flee the horrendous conditions that they are being faced with. Some countries in Europe, such as France and Germany, have accepted many refugees already. However, people are pursing for America to accept refugees too. It is a huge controversy and a big part of the upcoming election. Supporters say that it is inhumane for us to allow people to suffer when we have readily available resources to help them. Opponents say that the Syrian refugees are a threat to our country. The Rotary test tests whether or not your decision is moral and ethical. Rotary members apply it to everything they do. Accepting refugees is the right thing to do, and it would be obvious to everyone if they checked the situation with the Rotary's four way test.

The first part of the four way test is, is it true? There are people suffering every day and we would be virtually unaffected on a daily basis if the refugees came into the country. I think their pain is true. We can not invalidate what they are going through. Some people like to argue that the refugees would be a threat to us. This is untrue. According to the CATO Institute, there is one "terrorism-planning conviction for every 286,543 refugees" that have come to the United States. In other words, way more people commit murder in the United States than people that try to plan a terrorist attack from Syria. It is true that people are suffering in Syria and need our help, and they aren't trying to kill us.

The second part of the test is, is it fair? It would be unfair for us not to let them in. We have the power to be their

heroes, and we are going to let them die trying to get into a refugee camp that they will probably die in. Also it would not be unfair for people that are already citizens in the United States. Some people worry about the Syrians taking their jobs among other things from them, but this not the case. According to The Washington Post, "refugees can be an investment," not a burden. What this means is that they will not take our jobs, they will create more jobs. The Syrians can start businesses of their own and in turn help our economy. For goodness sakes if you could humble yourself and get a job in one of their businesses rather than no job, they may be your employer! In countries surrounding Syria where they have taken a million refugees each, their economies are increasing. Not only are they increasing, they are expected to keep increasing. It is fair for everyone involved for the United States to accept Syrian refugees. They get a safe home, and our economy will rise.

The third question to ask ourselves is, will accepting the Syrian refugees build goodwill and better friendships? This is a hard question. There are some citizens that will be mad at first if we accept refugees into the country. However, over time many friendships will be built. The refugees, their children and their children's children that are born here will have to befriend someone from America at some point in their life. In addition, goodwill will be built between us and other countries. According to Vice News, the United Nations "is warning countries it's a terrible idea to stop" accepting refugees. The United States is part of the United Nations and many of the other countries involved think we are not doing our part. They have accepted hundreds of thousands of refugees and are much smaller than us. If we accept more refugees, other countries will not be angry with us. Allowing Syrian refugees into our country will build friendships and goodwill.

The final question we need to ask ourselves to complete the four way test is, is it beneficial to all concerned? It is most definitely beneficial to the refugees. They would no longer have to live in terrible unsafe conditions. According to a Canadian nurse speaking to CTV News, the conditions in the refugee camps are "utterly inhumane." This is in the camps, where life is supposed to be better than home. What this means is that they are living in terrible places, and we could benefit them by allowing them to come to America. It would not benefit nor would it bring suffering to any American. It would be beneficial to bring in the Syrians.

Bringing Syrian refugees into our country is undoubtedly the right thing to do. Allowing this to happen passes every aspect of the four way test, and I believe this to be a positive step our country needs to take.

The 2016 4-Way Test Essay Committee comprised Angie Larson, James Davis and Chet Sadler.

The Sanibel-Captiva Rotary meets at 7 a.m., Fridays at The Dunes Golf & Tennis Club. Guests are always welcomed.✽



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- 1/4 medium-sized watermelon, seeds and rind removed
 - 1 handful fresh mint leaves, chopped
 - 8 ounces goat cheese
 - 1/2 loaf crusty bread, sliced thin
 - Olive oil
 - Kosher salt to taste
 - Fresh ground pepper to taste
- Crumble chilled goat cheese into a small bowl.

Lightly mix cheese and chopped mint. Taste for seasoning and adjust with salt and pepper. Cut bread into 8 small slices and drizzle with olive oil. Toast bread slices until golden brown and crispy on top. Let bread cool slightly. Spread cheese mixture on the top of each slice of bread. Cut watermelon slices into fun shapes and layer watermelon on top of cheese. Lightly season the top of the sandwiches with salt and pepper. Serve at room temperature.

Yield 4 servings.✧



Open Face Watermelon Sandwiches

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Will Power

Retirement Outmoded Concept



by Craig R. Hersch, Florida Bar Board Certified
Wills, Trusts & Estates Attorney; CPA

Have you ever wondered where the concept of retirement originated? A German/Prussian statesman, Otto von Bismark, engineered the concept of retirement in the 1870s not as some altruistic effort to assist his aging countrymen, but rather to stave off his Socialist enemies.

Von Bismark united Germany through wars and diplomacy, but was known as a strong-willed, outspoken, overbearing yet charming leader who sometimes displayed a violent temper. In 1871 von Bismark was raised to the rank of Prince, and was appointed as the first Imperial Chancellor of the German Empire, retaining his Prussian offices, including those of Minister-President and Foreign Minister. By then, even his closest friends realized that they helped put a demonic figure into power.

In the industrial age, retirement was a necessity because long, hard, manual labor required a strong, youthful body. The tasks were rote and dangerous, the days were endless and most jobs offered no chance for advancement. Factory owners literally worked their employees to death, replacing them with younger, stronger ones as needed.

The Socialistic movement promised to nationalize the industries and factories that made their owners wealthy beyond measure. Otto Eduard Leopold became Otto von Bismark as Prince of Bismark, Duke of Laurenburg. He was of a privileged background having been born into a wealthy, distinguished house. Clearly, von Bismark was not interested in seeing the Socialists achieve their goals. Accordingly, he built the first European welfare state to sway workers to his political philosophies and personal ambitions.

In 1883 he passed the first national health insurance legislation, the "Sickness Insurance Law." The next year he passed the Accident Insurance Law of 1884 and in 1889 he created the Old Age and Disability Insurance Law. Interestingly, that law provided a pension annuity for workers who reached age 70, a very ripe age at the time, especially for most laborers. The accident and insurance program covered all workers, and the health insurance legislation split the costs between employers and employees.

Today's economy and most workers are much different than those of 130 years

ago. The United States and most of the Western world is no longer an industrial based economy, and increasingly industrial labor is robotically assisted. We've morphed into a service and experience economy, prolonging not only our life spans but our productive years.

Yet our government's retirement programs have not changed all that much since the days of von Bismark. I believe that can be attributed to our collective mindset. We haven't begun the discussion how the last third of our lives can be spent happily and productively.

Sure, no one wants to work in a dead-end job for their entire life. The advent of the microchip and today's technology enables many to pursue their interests far into old age, including imparting their wisdom to those who seek it. *The New York Times* has run several stories in its business section highlighting those who retired from full time work only to become successful consultants later in life.

While not a path for everyone, I wonder why so many of us take as "the norm" a concept originated from a German baron out of political necessity to retain wealth and power.

The word "retire" means "to take out of service". Is that a state of being that most of us want? I propose that while most desire relief from "the daily grind," humans have an innate craving to be needed. From the mother who still wants to help her grown children to the Fortune 500 executive who is forced to clean out his desk due to a mandatory retirement age, most of us still want to contribute somehow.

I would say that a vast majority of my clients who reside on the islands do stay quite active. From donating time to nonprofit organizations to mentoring to becoming consultants themselves, many remain active contributors to society well into their 80s and even 90s. Scientific studies support the proposition that remaining active helps keep us mentally and physically fit.

Outmoded government programs, built on a retirement mindset, don't support and instead discourage continued contributions to society. It's too bad, for example, that Social Security benefits are taxed for those who work past the age of receiving benefits. There must be a better way than penalizing those who don't want to be put out to pasture and find personally satisfying ways to produce income for themselves and value for those they help.

Entrepreneurs will eventually discover the untapped resource of those into their "retirement years." Hopefully, government policies, programs and tax law preferences will encourage this path by making it easier for those who so wish to contribute, reforming 19th century programs to 21st century opportunities.

©2016 Craig R. Hersch. Learn more at www.sbshlaw.com.✧

Registration Open For Captiva Triathlon

Registration has opened strong for the 6th annual Galloway Captiva Triathlon, which has sold out earlier every year since its 2011 inception and is limited to 750 participants for the Sunday adult sprint event.

Proceeds from the event will benefit the Community Cooperative's Healthy School Pantry program.

"We are surprised at how strong both registration for the tri and reservations for hotel rooms on Captiva are," said Kate Gooderham, one of the race directors. "This year the biggest change we have is with some training events. Coach Angie is offering fee based special clinics including a kids triathlon training program, a swim/bike/run/transition training, ongoing private lessons, and open water swim clinics; July and August."

The adult event is scheduled for Sunday, September 11 at South Seas Island Resort on Captiva and includes a quarter-mile open-water swim, 10-mile bike (on closed island roads) and 3.1-mile run along the Gulf and Redfish Pass. Registration is available online at www.CaptivaTri.org. The nonrefundable cost to register is \$75 for individuals, \$85 for elite amateur athletes and \$180 for relay teams of two or three people. Registration fees increase on June 1 to \$85, \$95 and \$200, respectively.

The Captiva Tri also will host a shorter Children's Fun Tri on Saturday, September 10, also at South Seas Island Resort. The race will not be timed, and all finishers will earn a medal. Children will compete in three age groups – 6 to 8, 9 to 10 and 11 to 13 – with the distances of each race varying. Registration is \$25 (which does not increase on June 1). All

three age groups are limited in size, and have sold out even before the adult event in years' past.

Information and event registration for both races is available online at www.CaptivaTri.org. The Galloway Family of Dealerships is the title sponsor of the event. CCMi uses the event proceeds to benefit its program that provides back-

packs of food to children who otherwise may not have easily accessible meals at home.

The Captiva Tri weekend is hosted by Southwest Florida Events, a nonprofit organization based in Fort Myers dedicated to combining fun, fitness and support for local charities through multisport event.✧

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Suspension Of Marlins All-Star Dee Gordon Has Reverberations Locally



by Ed Frank

When the word came out last week that Miami Marlins All-Star second baseman and reigning National League Batting Champion Dee Gordon was suspended for 80 games for using performance-enhancing drugs, it had a stinging repercussion here in our local area.

Gordon's younger brother, Nick, is the starting shortstop for the Fort Myers Miracle baseball team and is, in fact, the team's top hitter, batting .333 through the first three weeks of the season. Nick was the Minnesota Twins first-round selection in the 2014 Major League Draft.

We must be clear that there is no indication that the popular, likeable and polite Nick Gordon is in any way connected to his brother's misdeeds. We do know, however, that the two brothers are extremely close, and that the penalty must weigh heavily on the younger Gordon.

Their father, Tom "Flash" Gordon is a former Major League All-Star relief pitcher who, upon his retirement, has devoted his life to following the careers of his two sons rather than pursuing a job as a baseball manager, scout or coach. The father has been seen frequently here around the CenturyLink Sports Complex.

Dee Gordon's suspension was the second in eight days for a player coming off the best season of his career. Just a week before, Chris Colabello, an undrafted former independent leaguer, who hit .321 for the Toronto Blue Jays last season, was suspended for 80 games. Their suspensions bring to seven the number of players penalized this year under Major League Baseball's drug plan.

Last season, Dee Gordon, after being traded to the Marlins from the Los Angeles Dodgers in December 2014, hit .333 – 61 points above his career average with the Dodgers – while leading the league in batting, stolen bases and total hits on his way to earning a Gold Glove.

His All-Star season resulted in the Marlins awarding him a five-year, \$50 million contract in January, although he was to earn just \$3 million this season. The suspension will cost him about half of that \$3 million.

He had a spotless reputation prior to this incident with a personality like his younger brother, polite and well-liked. Marlins owner Jeffrey Loria praised his character when he announced his \$50-million contract earlier this year. "It's truly incredible and historic what he did in his first year with our ball club," he said at the time.

Gordon tested positive for exogenous testosterone and clostebol although he said he did not use the banned drugs knowingly.

"I have been careful to avoid products that could contain something banned by Major League Baseball, and the 20-plus tests that I have taken and passed throughout my career prove this. I made a mistake, and I accept the consequences," Gordon said in a statement.

Major League Baseball thought the steroid era would end once the players union agreed to the tough policies of the drug enforcement program. And no doubt it has curtailed the use of banned substances, but not completely as the record shows.

The baseball season is a long, grueling six-month grind that takes its toll on players. And no doubt there will be those who will attempt to find an edge to enhance their careers.

Miracle in First-Place Tie in Tight South Division

After an 8-3 road win Monday night over Palm Beach, the Fort Myers Miracle moved into a three-way first-place tie in the Florida State League South Division. Fort Myers, Palm Beach and St. Lucie all posted 14-11 season records through Monday of this week.

The Miracle return home to Hammond Stadium today, Thursday, for a three-game series against St. Lucie. The Thursday and Friday games haves 7:05 p.m. starts with the first pitch Saturday at 6:05 p.m.*

Coalition Seeks Sponsors, Players For Golf Outing

The Lee County Homeless Coalition invites sponsors and players to Drive Out Homelessness at the coalition's 7th annual charity golf tournament, hosted by Florida state Reps. Matt Caldwell, Dane Eagle and Ray Rodrigues, at the Colonial Golf & Country Club on Saturday, June 25. The tournament begins with a shotgun start at 8 a.m. All proceeds benefit the Lee County Homeless Coalition.

"We have various levels of sponsorships still available," said Janet Bartos, executive director for the coalition. Sponsorships offering course signage, complimentary player registration and recognition at the awards luncheon range from \$2,500

to \$250. Team and single player participation is \$100 per person, which includes 18 holes with a cart, light breakfast and coffee, drink ticket and lunch. The tournament also features first, second and third place winners, 50/50 raffle, longest drive, hole-in-one and closest-to-the pin awards.

Something new has been added this year. "We are proud of our local legislative delegation," said Amy Davies, board member for the Lee County Coalition. "Reps. Caldwell, Eagle and Rodrigues have each pledged to raise \$5,000 to support the coalition. And the major sponsors will have the opportunity to golf with one of our guest legislators."

To participate in the tournament or to learn more about the fight against homelessness, contact Janet Bartos at 322-6600 or visit leehomeless.org. Colonial Golf & Country Club is at 9181 Independence Way in Fort Myers.*

Youth Summit Set For May 7

The iWill Mentorship Foundation (IWMF), a FutureMakers Coalition partner, is hosting its Color Me Confident 2016 Youth Summit on Saturday, May 7 at 10 a.m. at the Stars Complex at 2980 Edison Avenue, Fort Myers.

Be the Best You Can Be is a program for youth ages 12 to 18. The summit will provide a forum for the students, their parents and community leaders to learn about attending college, scholarship opportunities and financial aid as well as to network and share positive experiences.

The goal is to equip youth in the community with essential skills as they attend college and as future leaders. The mission is to inspire, empower, support and expand the possibilities of today's youth.

A representative from Concordia College will be in attendance and will conduct college band auditions for scholarships. Students who play a band instrument are encouraged to bring their instrument and be prepared to play a solo.

The sponsor is Wells Fargo. The FutureMakers Coalition is one of Lumina Foundation's 75 national Community Partners in Attainment. For more information, visit www.iwmf2.org.*



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SPORTS QUIZ

- Who holds the major-league record for most consecutive games reaching base to start a season?
- Ron Washington holds the record for most games managed by a Texas Rangers skipper (1,275). Who is No. 2?
- Who holds the NFL mark for most pass attempts to start a career without a touchdown pass?
- Name the last men's Division I college basketball team before Wichita State in 2014 and Kentucky in 2015 to finish the regular season unbeaten.
- Entering 2016, when was the only time the Tampa Bay Lightning and Florida Panthers made the NHL playoffs in the same season?
- In 2015, Timothy Peters became the third NASCAR Truck Series driver to win consecutive races at Talladega. Name either of the other two.
- Roger Federer, in 2016, became the first male tennis player to win 300 Grand Slam singles matches. Who is second on the list?

ANSWERS

1. Derek Jeter of the New York Yankees did it in 53 games in 1999. 2. Bobby Valentine, with 1,186. 3. Arizona's Ryan Lindley threw for a touchdown after 228 pass attempts. 4. St. Joseph's went 27-0 in the 2003-04 regular season. 5. It was the 1995-96 season. 6. Todd Bodine (2007, '08) and Kyle Busch ('09, '10). 7. Jimmy Connors, with 233 victories.



The Copper Team, front from left, Joyce Sirkin, Anna Bralove and Donna Leahy; back, Cheryl Clark, Nancy Niesel, Jan Alden, Georgianna Sorensen and Jean Robinson. Not pictured: Mary Avgoulas, Jean Bilsbury, Jonatha Castle, Edie Ethridge, Diane Griffin, Sharon Miller, Susan Newton and Elaine Parente.

Beachview Team In League Play

The Beachview Tennis Club on Sanibel, managed by Toni Halski, participates in the Men's and Women's Lee County Tennis League, providing many levels of competition, enjoyment and comraderie for its members. These leagues also offer an opportunity for them to meet tennis players from across Southwest Florida.

The Women's Beachview Copper team, which includes players over 50 and rated from 3.5- to 3.0, had a successful and fun 2015-16 season, placing third in a field of 17 teams.✱

Red Sox, Twins Set Record For Fans In Spring

The Boston Red Sox and Minnesota Twins, two Major League Baseball teams that hold spring training in Fort Myers, reached a record-high per-game attendance this season.

The Red Sox and Twins ranked No. 2 and No. 3 respectively for largest crowds during the 2016 MLB Spring Training slate. Florida hosts 15 Florida Grapefruit League teams. Boston trains at JetBlue Park and Minnesota at Hammond Stadium at the CenturyLink Sports Complex.

In 2016, the Red Sox played 15 games at JetBlue Park with a total attendance of 149,397, with an average of 9,960 attendees per game. The largest crowd tallied was 10,103 on March 10, when the Red Sox played the Minnesota Twins.

At Hammond Stadium at the CenturyLink Sports Complex, the Twins also played 15 games in 2016, and the total attendance was 121,005, with an average per game of 8,067 attendees. Their largest crowd peaked at 9,109, when they took on the New York Yankees on Sunday, March 20.

Attendance figures are compiled by the Florida Sports Foundation from daily box scores of games, between Major League teams played in the state of Florida, and verified by each of the 15 teams in the Florida Grapefruit League.

The estimated total economic impact for the Red Sox and Twins spring training seasons in Lee County is \$48 million annually. That's according to a 2009 study, the most recent for which such Lee County data is available.

For more information, call 533-5273 or visit www.lee.gov.com/sports.✱

Make-A-Wish Golf Tournament

Make-A-Wish Southern Florida's Youth Leadership Committee (YLC) will host a golf tournament on Saturday, May 14 at the Ritz Carlton Golf Resort in Naples.

This inaugural fundraiser includes a light breakfast, golf, lunch, silent auction and raffle. Proceeds benefit Make-A-Wish Southern Florida, with YLC's goal of raising enough funds to grant two wishes to local children.

The tournament, held at 2600 Tiburon Drive, starts with registration and breakfast at 7:30 a.m., a shotgun start at 8:30 a.m., and lunch and awards to follow. Registration fees are \$175 per player and \$700 per foursome. Players must register by Monday, May 9.

Sponsors include Publix, Fried & Fried P.A., Scott Craven, Collins Vision, Office Furniture & Design Concepts, The Brown Realty Group, The Paul Family, Lutgert Insurance and Hilton Garden Inn Fort Myers Airport/FGCU.

Additional corporate and individual sponsorships, ranging from \$150 to \$4,000, are still available. For tournament registration, sponsorships or Youth Leadership Committee information, contact Taylor Marini at 992-9474 ext. 23 or tmarini@sflawish.org.

To find out more about Make-A-Wish, visit sfla.wish.org.✱



Gene Taylor

Hole-In-One

One of Sanibel Island Golf Club's very own made an ace recently. Gene Taylor, the club's golf professional, holed out on #13 from 138 yards using a pitching wedge. He was playing with members Tom Rathbone, Mike Carrigan and David Graham.✱

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School Smart



by Shelley M. Greggs, NCSLP

Dear Shelley, My 6-year-old son gets into trouble quite often. He overreacts in a mostly negative way to almost everything. We

are struggling on how to manage his behavior. We don't want to hinder his behavioral growth but I need some suggestions on what might be some appropriate consequences for bad behavior. Thank you.

Staci J., Cape Coral

Staci,

It's always good to think about appropriate consequences. It sounds like your son needs help to learn how to handle conflict. He needs to learn this ahead of his conflicts so that he can make better choices about his behavior.

A great strategy to use is to teach him to focus on positive behavior, what he should be doing and not focusing on what not to do. Focusing on what a child should do is a great teaching opportunity that results in the development of life skills. For example, if he often has hot-tempered behavior towards peers because they do not agree with him, before he actually

begins to play, you or his teacher would give him a direct command to play calmly and find an adult to help problem solve during the play. Instead of telling him not to get angry when he is facing some differences with friends, you and or his teacher could have a conversation with him ahead of time about the fact that plans may change and he may feel upset. Let him know what may happen and then give him the positive direction to play calmly. Make sure he knows that he can talk to the adult in charge to help him get through the situation and to discuss his feelings. You may also want to let him earn a privilege if he can stay positive.

Along with this, you may want to have a behavioral system that provides immediate and/or same day reinforcement for positive behaviors. Some examples of target behaviors to reward are, handling changes calmly and following the lead of other people in a relaxed manner. Engaging in those behaviors would result in him earning rewards from you and his teachers. These rewards might include specific praise, points towards privileges, or an actual privilege in the moment like extra computer time, visiting a friend in another classroom or helping the teacher. Make sure that the reward is something your son really wants, not something convenient for you or the teacher to administer.

Remember that attention, whether positive or negative, is the strongest reinforcer of all behaviors. It's very easy

to unintentionally reinforce behaviors we mean to punish, just by giving them attention. This is why it's recommended to actively ignore minor misbehavior. Active ignoring is a technique in which you ignore a behavior until you can catch the child engaging in a positive behavior, even if it's by accident.

For aggressive or destructive behaviors, there should be an immediate loss of privilege or a time-limited consequence. Some examples are sitting out of a game for five minutes, losing a specific number of minutes of recess or choice time, a time out at home or in the classroom. Make sure to collaborate with his teacher so

that there is consistency in how your son's behaviors are managed. It will be much easier for him to learn how to act appropriately if you are both giving himP similar directions.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✱

FGCU Give Day A Success

Florida Gulf Coast University's inaugural Give Day, held on April 26, attracted 207 supporters who gave \$1.18 million to benefit students and university programs.

The one-day fundraiser, expected to become an annual event, was an effort to build enthusiasm and giving among alumni as well as faculty, staff and the community.

Of the 207 gifts received, 180 were made online, the largest number ever in one day.

Two highlights include a \$1 million gift from an anonymous donor, and a donation from Peter Cuderman ('11, Legal Studies, '13, MBA), who served as both a president of student government and a member of the FGCU Board of Trustees. He surprised his parents by establishing an endowed scholarship in their honor.

"I saw the Florida Gulf Coast University Give Day as an opportunity to give back to an institution that has given me the world," said Cuderman, who is the chief strategy officer for Tri-Town Construction. "The Dr. Bart S. and Peggy I. Cuderman Endowed Fund, named in honor of my parents, will provide scholarships to help students who have overcome major life obstacles."

"Although we have a relatively young and smaller alumni population, their support of FGCU continues to grow year after year. We are blessed to have such great supporters for our students, faculty and programs," said Chris Simoneau, vice president for advancement and executive director of the FGCU Foundation. "We are grateful for this outpouring of generosity as we work to reach the conclusion of our \$100 million fundraising initiative."

To make a contribution, visit fgcu.edu/foundation and click the Give Now link or contact Tony Lee, director of major gifts, at 590-1068.✱

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Free Autism Screening For Young Children

Golisano Children's Hospital of Southwest Florida, in partnership with Ronald McDonald House Charities of Southwest Florida, offers a free monthly autism spectrum disorder screening for toddlers 18 months to five years of age.

The next screening on the Ronald McDonald Care Mobile will be held on May 13 from 9:30 a.m. to 2 p.m. at the Lakes Regional Library, 15290 Bass Road in Fort Myers.

It is estimated that one in every 68 children is diagnosed with some form of Autism Spectrum Disorder, making it more common than childhood cancer, juvenile diabetes and pediatric AIDS combined.

Medical consultants for the project stress that an early diagnosis can make a vast difference for toddlers and their families. They say early intensive behavioral intervention can make an immense difference not just in the development of the child, but in their families as well.

The ASD screening is conducted by the Golisano Children's Hospital of Southwest Florida. The screenings are administered by an advanced registered nurse practitioner, who has extensive training and experience in typical child development and developmental disorders.

A physician referral is not required. To schedule a screening, call 343-6838. Golisano Children's Hospital of Southwest Florida is part of Lee Memorial Health System.

Ronald McDonald House Charities of Southwest Florida's mission is to create, find and support programs that directly improve the health and well being of children in Southwest Florida.✱

Safety Program For Alzheimer's Caregivers

The Alvin A. Dubin Alzheimer's Resource Center will offer a safety program for Alzheimer's caregivers in Lee County. The Dubin Alzheimer's Resource Center's safety program was created to provide caregivers with tools to implement an emergency plan to prevent crises. Each safety program packet includes two components: 1) an emergency plan kit, and 2) an identification bracelet for the memory-impaired person.

The safety program packet is provided at no charge to caregivers caring for a loved one with memory loss in their homes in Lee County. Each packet contains all the items necessary to participate in the safety program. Instructions to put the emergency plan in place are included with each packet and assistance is available from the Dubin Alzheimer's Resource Center.

The emergency plan kit is intended to help eliminate the possibility of a crisis situation if the caregiver of a loved one with Alzheimer's disease or a related disorder requires emergency care. The emergency workers who come to rescue the caregiver may not know a memory impaired adult resides in the home, and therefore, may leave the person with Alzheimer's alone when they take the caregiver to the hospital.

The Safety Program Symbol, included with the emergency plan kit, is designed to alert emergency workers that a memory-impaired person resides in the home. The symbol hangs on the front of the home's refrigerator. The corresponding packet of forms,

Zonta Stages Collection Event



Members of the Zonta Club of Sanibel-Captiva display posters featuring its service partners at a collection event held at the Sanibel Congregational United Church of Christ on April 23. Island residents donated books, small appliances, clothing, sewing implements, art supplies and clothing to local groups that partner with Zonta to improve the lives of women. Another collection event is planned for the fall. For more information about Zonta, visit zontasancap.com.

which contain important emergency contacts and care instructions provided by the caregiver, are located inside the refrigerator. Once a trained emergency worker sees the symbol, he or she will automatically know to search for an Alzheimer's client in the house and, using the information in the refrigerator, take appropriate measures to see that care for this person is provided.

The Dubin Alzheimer's Resource Center's caring staff works closely with local law enforcement and emergency workers throughout Lee County to help train them on how the safety program can assist them when they respond to an emergency involving the caregiver of an individual with memory loss.

The safety program also stresses the importance of having an identification

bracelet for individuals with memory loss to wear at all times. Identification bracelets help local law enforcement identify individuals who are separated from their caregivers and are unable to find their way home or even tell someone where they live due to memory impairment. Each bracelet (or necklace) is engraved with the person's first name or nickname, a code number which matches their application number, the words "memory-impaired" and the phone number for the Lee County Sheriff's Office. Both the Dubin Alzheimer's Resource Center and the Lee County Sheriff's Office maintain records of enrolled persons' application numbers and identifying information. Being able to look at a bracelet, make a phone call, and escort the lost person

to his/her home reduces the time memory-impaired persons are away from their homes and saves police departments valuable effort. A brochure with an application to obtain a bracelet is included in each safety program packet.

The Dubin Alzheimer's Resource Center's office is located at 12468 Brantley Commons Court in Fort Myers. For more information about the safety program or to find out more about the services offered by the center, call 437-3007.*

Uncommon Evening Gala Set For November 3

The Uncommon Friends Foundation announced that its Uncommon Evening annual gala will be held on Thursday, November 3, from 6 to 9 p.m., at the Gale McBride Pavilion, on the grounds of the Burroughs Home & Gardens, 2505 First Street in downtown Fort Myers.

The annual awards program will feature tours of the historic home, followed by outdoor dining and entertainment. The foundation will then announce the winners of the annual Business Ethics Award, student scholarships and the Character Education Champion Teacher.

All money raised at the gala supports the foundation and its work in character education, promoting ethics in business, student scholarships, and historic preservation of the Burroughs Home and James Newton Archives.

Submit nominations for the Business Ethics Award online at

uncommonfriends.org/business-ethics. Nominees from any of Southwest Florida's five counties who consistently demonstrate a system-wide commitment to high business ethics are eligible to apply. Anyone can nominate a company, including themselves.

For information on sponsorships, table purchases and tickets, contact angela@uncommonfriends.org or call 337-9503.*

Excellence In Business Awards

The Lee County Economic Development Office and the Horizon Council are seeking submissions for the 25th annual Industry Appreciation Awards, honoring local businesses in four categories:

- Lee Grown Business Award goes to a company founded in the county, and is distinguished by its operational excellence and commitment to the vibrance of the business climate;
- Business Citizenship Award honors a firm whose financial, volunteer and active involvement have helped create a

better quality of life in the county;

- Emerging Business Leader Award goes to a relative newcomer who is experiencing marked growth while introducing inventive products, services or business practices; and

- Bruce T. Gora Legacy Award, a new honor, recognizes an individual who, during the last 25 years, has a history of distinguished service and contributions to the betterment and growth of the business community.

Applications are now being accepted at LeeCountyBusiness.com. The deadline for submissions is Friday, May 27.

Honorees will be recognized during the Industry Appreciation luncheon on Thursday, August 25, at the Hyatt Regency Coconut Point in Estero. Networking begins at 10:30 a.m. and the program runs 11:45 a.m. to 1 p.m.

The Horizon Council is a public-private board established in 1991 to advise the Lee County Board of Commissioners on economic development issues. For information, visit leecountybusiness.com or call 338-3161.*

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Hormones Moaning? Try Loud Groaning



by Karen L. Semmelman, Certified EEM, JD, AAML (03-12)

Groaning very loudly out loud with a deep belly breath does make you feel better, doesn't it? Try it; you are releasing energy and helping calm the body and thus synthesize the hormones... remember the diaphragm breath exercise?

Seriously, if you are in the midst of hormonal imbalances (including hot flashes), there are many exercises to help. *EEM For Women* is an excellent resource. Try these exercises below and see if they help stabilize you:

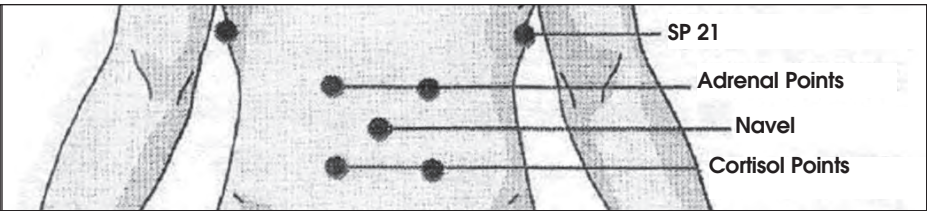
There are points on the body directly associated with the adrenals and cortisol. By connecting these points to Triple Warmer, the Commander of our Energies, they start to assist the body to calm and the hormonal chemical balance to neutralize.

1. Connecting Triple Warmer with thyroid gland. Place palms on side of face with finger tips touching the temples. Hold for three breaths. Slide hands around the ears and down the neck. Let hands rest back of shoulders as you dig in with fingers and take two breaths. Stretch the neck with the middle fingers, one pulling down toward the jugular notch and the other pulling toward the chin. Stretch with middle fingers diagonally over Adam's apple and then horizontally. Now, make a three-finger notch (index, middle and thumb), placing one hand on temple and other hand at the jugular notch for 1 to 2 minutes. Switch and do the other side.

2. Connect Triple Warmer to adrenals. Use three-finger notch at the temple with 1 hand and the other hand holds two points that are located one inch up from the navel and one inch toward the side of the body. These are the adrenal points. Hold 1 to 2 minutes, then switch to the other temple and the adrenal points.

3. Connect Triple Warmer to cortisol points. Use three-finger notch at the temple with one hand and the other hand holds two points, located one inch below the navel and one inch out from the navel to the side of the body. Hold 1 to 2 minutes and then switch to the other temple and the two cortisol points.

You will now feel refreshed and maybe feel like singing rather than moaning.



Adrenal cortisol points

Have fun with your energy! Next week's topic is Calm Homolateral Organs with Crossover Patterns.

If you have a question, email Karen at SemmEnergyCenter@gmail.com or visit www.semmelmanenergy.com. *EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.**

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: I recently went through a break up and I have some problems getting over this person. I don't think I am depressed, but I really feel lost and I do still feel a lot of emotions.

Is there something wrong with me?

A: Going through a break up can be a very difficult and painful loss. You can actually go through grief stages and most likely that is what you are feeling. These stages can range from denial to anger, to depression and you get to a place where you can finally accept this loss and move on. You also can be going through something called

an Adjustment Disorder. Symptoms of an adjustment disorder can include:

- Someone coping with a specific source of stress
 - Short-term changes stemming from a stress-response syndrome such as changing or losing a job, death or divorce of a loved one, developing an illness, being the victim of a crime.
 - Symptoms usually begin within three months of the event and rarely last longer than six months.
 - In some situations, the symptoms can prevent someone to function such as issues with sleep, appetite, work or study.
- Should your issues last longer than six months or become more severe, it is important that you seek professional help to work through the adjustment disorder/stress induced response.

Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at constanceclancyfisher@gmail.com.*

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Mobile Mammograms

Women of all ages will have local access to mammography services on Thursday, May 12 from 11 a.m. to 3 p.m. when FISH sponsors the Radiology Regional Center Mobile Mammogram for the island community. The mammography trailer will be stationed in Bailey's General Store parking lot.

This service is made possible through a partnership with The Zonta Foundation of SWFL. Those wishing to book an appointment or learn more about the program may call Christine or Jessi at the FISH Walk-In-Center at 472-4775. No prescription is necessary for this service, and FISH may be able to provide financial assistance to those without insurance or with limited financial resources. All financial assistance cases must first go through a detailed intake process and certain financial documentation is needed. Each case is evaluated privately, on an individual and per instance basis.

Mammograms are X-rays of the breast and they continue to be the gold standard and the key to life-saving early detection of breast cancer. Early detection allows for a greater number of options for treatment and a better chance of survival.

The mobile mammography coach is a customized clinic containing the latest technology in digital mammography.

For additional information, visit www.fishofsancap.org.*

Doctor and Dietician

The Dietary Salt Dilemma



by Ross Hauser, MD
and Marion Hauser, MS, RD

For years we have been taught to be obsessed over salt (sodium). However, studies show that both too much and too little salt can be harmful. The best place to be then, is somewhere in between.

We always recommend that dishes be filled with fresh ingredients. One reason for this is the very low salt content in fresh meat, poultry, fish, vegetables and whole grains. Adding some good Kosher salt or gourmet salt to a dish will not only improve the taste, but help make you want to eat healthy food. Unrefined varieties of salt, such as sea salt and Himalayan pink salt, also contain various trace nutrients. Most people get the

majority of their sodium from processed foods.

Let's take chicken fingers for an example. If you make your own chicken fingers using chicken breasts, flour or corn flakes, egg, and a pinch of salt for the whole batch, the sodium content is negligible. If you purchase pre-made chicken nuggets, four of them contain 640 mg of sodium or half of the recommended daily amount. Get the picture?

This is why Americans are eating too much salt. They eat too much processed food. Frozen entrees, pre-made frozen vegetables with sauce, canned soups and low-calorie frozen dinners are not only loaded with sodium but with all sorts of added chemicals, dyes and other unnatural substances.

The bottom line is to eat fresh, real foods, and add unrefined or gourmet salt whenever appropriate, to enhance the flavor of these homemade food. If your doctor has recommended that you limit salt for whatever reason, then by all means follow the recommendation. However, for those of you who are generally healthy and want to stay that way, moderate intake, along with consuming fresh foods, is a reasonable goal.

This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.*

dearRPharmacist

Cooking Oils Are Not All Good For You



by Suzy Cohen, RPh

Dear Readers: Do you whip up delicious meals without measuring a single thing? The oil you use in your kitchen can make or break your dish. Did you know that some oils are harmful?

Did you know that fried chicken or French fries often use “hydrogenated” oils, which increase your risk of diabetes, heart attack, obesity and cancer? Some “partially hydrogenated” oils are even derived from soybean oil, discussed below. What’s in your kitchen?

GOOD – High in Monounsaturated fats

Olive oil: Excellent source of antioxidants, polyphenols and essential fatty acids. It supports cardiovascular health and blood pressure.

Coconut oil: I’m referring to the unheated, unrefined, virgin coconut oil which is healthy raw or baked; don’t use super high heat. Please avoid “hydrogenated coconut oil,” which is man-made and contains trans fats.

Almond: A source of natural vitamin E, it has even less saturated fat than olive oil. Almond contains monounsaturated fat (like olive oil). Almond oil goes rancid easily; store it in a dark cabinet.

GOOD – High in Omega 3 fatty acids

Hemp: Unrefined oil have a good amount of Gamma Linolenic acid (GLA) which is considered a healthy omega 6 that may relieve PMS and skin conditions such as eczema and psoriasis.

Flax: A fragile oil that shouldn’t be heated. It’s good to make salad dressings with. Refrigerate the oil. Too much may be goitrogenic (suppress iodine absorption), so avoid consuming high dose supplements for extended periods of time. A little oil on your salad should be fine, though.

Tea seed: This is one of my favorite oils because you can use it at high temperatures, the flavor is mild and it contains antioxidants like vitamin E. It has both omega 3 and 6 fatty acids. Do not confuse tea seed oil with the essential oil of “tea tree,” which cannot be ingested.

BAD – High in Saturated fats or Trans Fats

Canola or Rapeseed: Some of you think this is a “healthy” oil because it’s very low in saturated fat and, like olive oil, it’s high in monounsaturated fat. However, hexane is used as a chemical solvent to extract canola oil from the seeds, and pesticides are sometimes used. Bleaching, too. It’s used for baking or stir-fry.

Margarine: This is a man-made chemical... do I need to say anything else?

BAD – High in Omega 6, which can increase inflammation

Corn: It’s hard to find a non-GMO version of this, unless it specifically says “organic,” plus it maybe bleached. Corn oil increases “oxidized” or bad cholesterol. Cooks (not me) recommend it for high heat.

Soybean: This is another oil that’s heavily refined and often genetically modified (GMO). Soy plants are somewhat toxic to humans... you didn’t know? Soybean oil, milk and tofu

contains a lectin called PHG, short for phytohemagglutinin. PHG may interfere with digestion, affect memory and make your blood cells stick together (like a clot). People use soybean oil for stir-fry because of the high smoke point. Read your supplement bottles, because soybean oil is used in many dietary supplements.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✱

Southwest Florida Conference On Aging

On Thursday, May 12, Hope HealthCare Services will host the 15th annual Southwest Florida Conference on Aging, a multi-disciplinary program for health care professionals, older adults and family caregivers. The conference offers education on health care, mental health and case management, and provides an update on current issues.

The conference runs from 8 a.m. to 4 p.m. at a new location, Crowne Plaza Fort Myers at the Bell Tower Shops, 13051 Bell Tower Drive. Registration is \$80 for licensed professionals,

including six contact hours, and \$50 for caregivers, students and the public. Registration includes lunch and program materials. Doors open at 7:45 a.m.

Presenters include Jonathan Scalone, Hope HealthCare Services; Joseph Maquire, Lee County EMS; Dr. Thomas Felke, Florida Gulf Coast University; Dotty St. Amand, Arden Courts; Marilyn Gregory, Area Agency on Aging for Southwest Florida; and DeAnna Graziano, A Pure Lifestyle.

Advance planning and cultural changes, emergency care and challenges, social and ethical care issues, hunger, Medicare and balancing roles for caregivers will be discussed.

To register, visit donate.HopeHCS.org/COA16 or call 482-4673.✱

Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

I think younger people are so mean to those who are over the hill. They have more education and know more about what is in books, but I am not stupid and some of them don’t even know how to hang up their own clothes.

I don’t know computers and the new things like that but I can add up numbers and do subtraction and they all

have their little machines that do all of the work.

Can you tell me what to do and say to shut them up?

Freda

Dear Freda,

I have heard many very successful people complain that their adult children belittle their accomplishments in spite of their rising to the top of their professions.

If young people intimidate you, just ignore their company and concentrate on people in your own age group.

Many people young and old seem to enjoy making others miserable but I think it is all part of human nature.

Lizzie

Dear Freda,

Instead of taking the time focusing on what to say to them to “shut them up,” take the extra time to learn about computers and new technologies. As we age, we still learn, it just takes a little longer.

Remember, some younger folks may be mean, impatient or arrogant. If you get upset with them, it does not change them, it just ruins your day, and one day those younger folks will be older as well.

Pryce

Lizzie and Pryce’s email address is momandmeaging@hotmail.com.✱

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A close-up photograph of two ginger cats with white chests and paws, lying side-by-side on a dark, textured surface. Both cats have large, yellow eyes and are looking directly at the camera. The cat on the left is slightly ahead of the one on the right. The background is dark and out of focus.

See photos and information about lost pets or pets available for adoption at leelostpets.com.✧

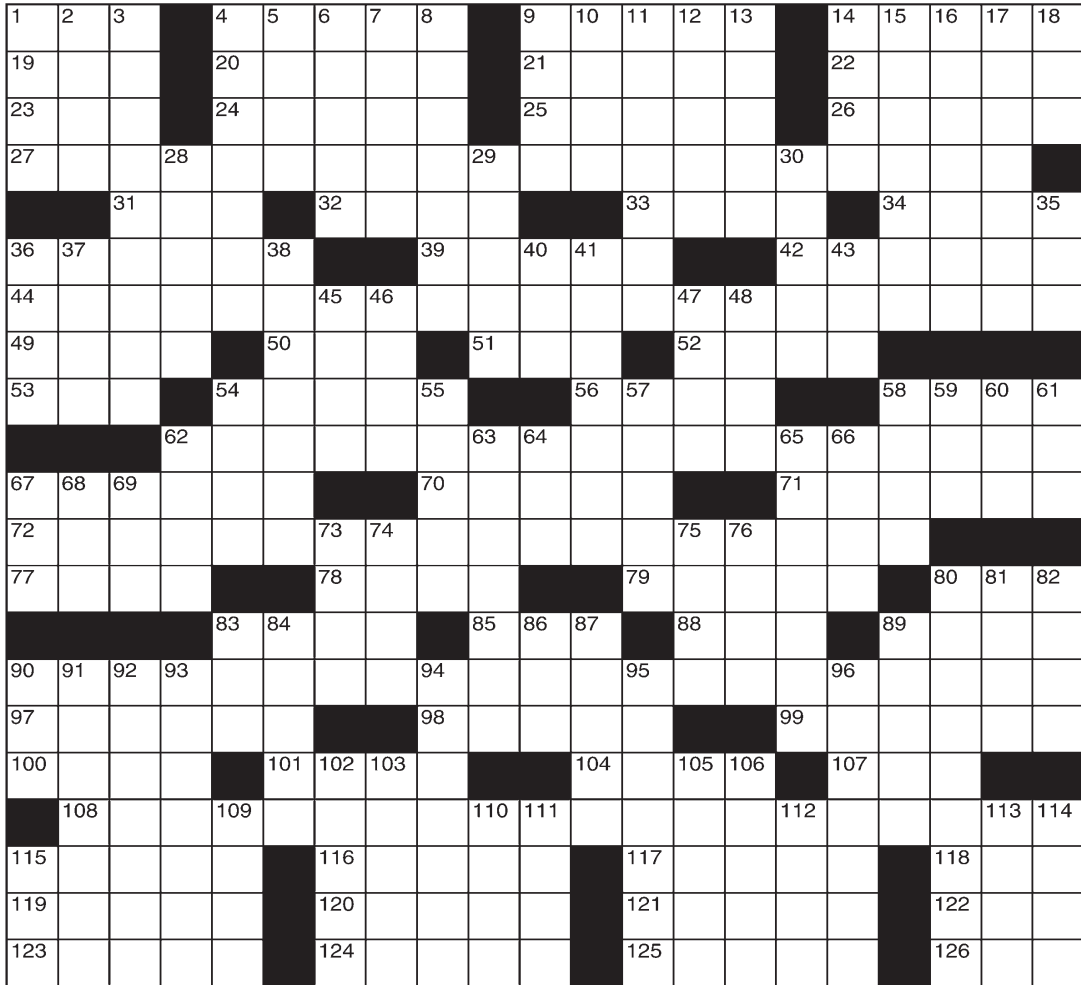
PUZZLES

Answers page 29B

Super Crossword

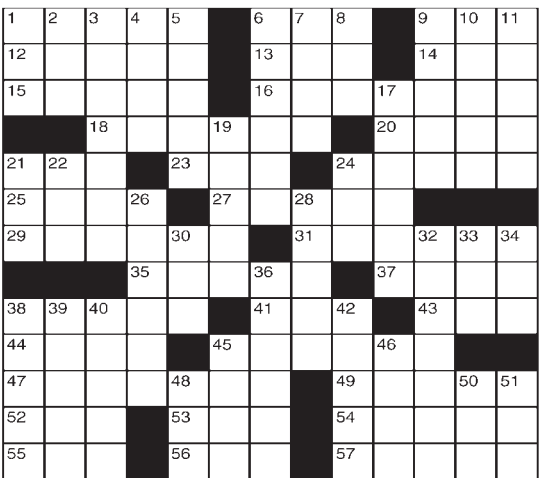
EMPLOYEE-CONSUMER POLICY

- ACROSS
- 1 P.E. place
4 Honey pies
9 "— the time!"
14 FBI tactics
19 Kauai necklace
20 Muslim's god
21 Range brand
22 Forever, in poetry
23 Cask wood
24 "Resident Evil" actress Jovovich
25 Of warships
26 Tribal groups
27 Start of a riddle
31 Writer Wolfe
32 "Pow!"
33 Longtime NBC host Jay
34 "Right back —!"
36 Buy
39 German for "love"
42 Parish leader
44 Riddle, part 2
49 Pressing tool
50 "... or — gather"
51 Big blue body
52 Feel pain
53 Dated
54 Insufficient
- 56 No, in Russia
58 Slaughter on a diamond
62 Riddle, part 3
67 Inmate's wish
70 Voice one's approval
71 Almost
72 Riddle, part 4
77 Weapon filler
78 "Eraser" actor James
79 Aristocratic
80 See 83-
83 With 80-
85 Hypothetical cases
88 "Casual" day: Abbr.
89 Having what it takes
90 End of the riddle
97 Hungers
98 Some Iroquoians
99 Some sushi bar suppliers
100 Bombeck with wit
101 Mensch lead-in
- 104 Brand found at Petco
107 Blemish
108 Riddle's answer
115 "A Lesson From Aloes" playwright
116 Piano exercise
117 Keats' "— a Grecian Urn"
118 Seemingly forever
119 Diplomat Silas
120 Old fax alternative
121 Tooth: Prefix
122 Tango team
123 Curving billiards shot
124 A Lott of politics
125 "Bullitt" director Peter
126 Hem, e.g.
- DOWN
- 1 Luminesce
2 "You bet"
3 Evander Holyfield rival
4 Moistened floor wiper
5 Nobelist
6 Let happen
7 "Wreck-It —" (Disney film)
8 Clinton cabineteer Donna
9 Ma's ma
10 Sharif of Hollywood
11 Ripple
12 Bowled over
13 Styling site
14 Big lamb cut
15 Start of a simple request
16 Volunteer's declaration
17 "A pox upon thee!" updated
18 The "S" of GPS: Abbr.
28 Not at all exciting
29 Arab VIPs
30 One using a lasso
35 Museum pieces
36 Au —
37 Gillette offering
38 Savior
40 Manage, with "out"
41 Slow cooker of a sort
43 Facade
45 Speckled horse
46 Diner freebie
47 Huntley of news
48 Jabba the —
54 Dover fish
55 Ice dancing gold medalist
57 Alaska river
58 Fabergé collectibles
59 Utmost in degree
60 "Well, well, well!"
61 One of a D.C. 100
62 Chanel of fragrances
63 Wetter, weatherwise
64 Similarly defined wd.
65 Gradient
66 "Swoosh" shoe brand
67 FedExCup org.
68 Bracelet spot
69 DVD- —
73 "Law & Order: SVU" co-star
74 "— of Eden"
75 Far from firm
76 "— -Ca-Dabra" (1974 hit)
80 Certain instrument
81 Bloom, in Barcelona
82 Gangbusters
83 Unit of bricks
84 Result
86 "By the way" memo abbr.
87 "Try to — my way ..."
89 Without — (perfect)
90 Ex-zee linkup
91 Celestial Seasonings offering
92 Japanese motorcycles
93 Hot-breathed beasts
94 Christie sleuth Poirot
95 En masse
96 Natives of 110-Down
102 Football player Favre
103 Perfume compound
105 Jason jilted her
106 Aroma
109 Elation
110 Mideastern oil port
111 Adjacent (to)
112 Table d'—
113 Libertine guy
114 Winter fall
115 USN honcho



King Crossword

- ACROSS
- 1 Ended a chess game
6 Rule, for short
9 Lawyers' org.
12 Accustom
13 Acapulco gold
14 Varnish ingredient
15 Hammerstein's contribution
16 Fond of reading
18 Jacks
20 Being, to Brutus
21 "Ball —"
23 Evergreen type
24 Sasquatch's kin
25 Siberian city
27 Album item
29 Colleague
31 Have-not
35 William's mum
37 Actress Gilpin
38 Jeans material
41 Indiana Jones' pursuit
43 Upper limit
44 Vicinity
45 Siege
47 Sickly
- 5 Starbuck's option
6 "Everybody Loves Raymond" brother
7 Cupid's alias
8 Sticky stuff
9 Elite group
10 Deep-voiced singers
11 Liniment targets
17 Maintain
19 Panorama
21 Ad — committee
22 I love, to Livy
24 Singer
26 Alaskan bear
- 28 In two places
30 Edge
32 Hungry
33 Mound stat
34 Wardrobe malfunction
36 "Guys and Dolls" lead
38 Pythias' pal
39 Love poet's Muse
40 Salamanders
42 Gold measure
45 One side of the Urals
46 Docket entry
48 Little demon
50 Witness
51 Dined




MAGIC MAZE • FALL WORDS

F V S P M J H E B Y V T Q O L
I G D B Y W T R P M K I F Y N
D B Y W U S P Q O M K S I U E
L L A F D N I W F D B N K G L
Z X F W U S T Q Y O B O C L L
N L J F H F F C D E C W A L A
A Y W V O T A S F Q P F B A F
N L T U O L L A F D N A L F E
K I H F L E L C B W Z L L T C
Y W V A U L O A O S R L A U I
Q P F N M L W D F J I S F O H

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Befall Fallback Fallow Outfall
Downfall Fallen Falis Pitfall
Fall guy Falloff Icefall Snowfall
Fallacy Fallout Landfall



“How’s the _____? Are they having many commercial interruptions?”

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Curve

REVIEWS

Brainy

MARTS

Fiery

TRIDOR

Basic

PANIL

TODAY’S WORD

answer on page 28B

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 6 | | 7 | 1 | | | 9 | | |
| | 9 | | | | 6 | | 8 | 1 |
| | 8 | | | 5 | 2 | | 4 | |
| | 1 | | | 6 | | | 5 | 2 |
| 4 | | 8 | 5 | | | 7 | | |
| | | 6 | | | 8 | | | 4 |
| 1 | | 9 | 8 | | | | 7 | |
| 2 | | | | 9 | | | | 8 |
| | 3 | | | 2 | 7 | 5 | | |

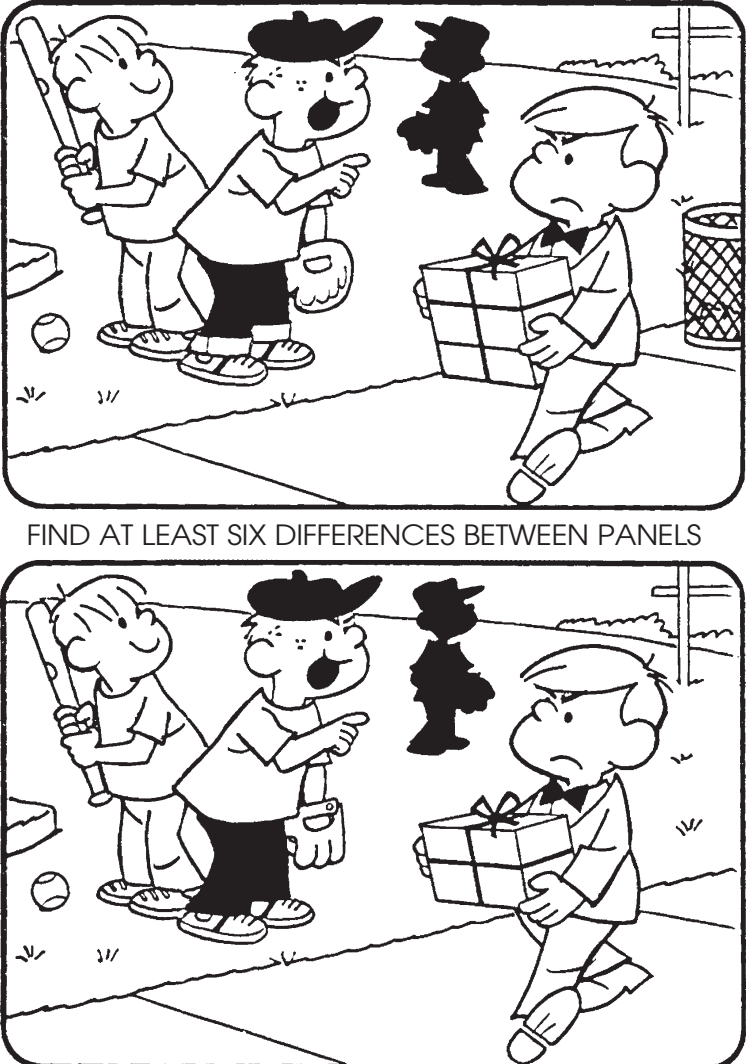
SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 29B

HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS

Differences: 1. Bat is lowered. 2. Glove is different. 3. Cuffs are missing. 4. Figure is reversed. 5. Box is reversed. 6. Trash can is missing.

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LIVE ON THE ISLANDS

The Jacaranda has live entertainment Friday, Saturday and Monday with Renata, playing funk, jazz and contemporary. On Tuesday and Wednesday, it's Sir Mitch, playing classic rock, R&B and dance. Thursday is Eric Malibu, playing contemporary, reggae and dance.

The Mucky Duck on Andy Rosse Lane, Captiva features music by Gary Earle on Thursday and Friday. Gene Federico plays on Saturday. Gary Earle plays Sunday; Mark Dupuy plays on Monday; Perry English plays on Tuesday; and Gene Federico plays on Wednesday.

Sea Breeze Café at Sundial Beach Resort & Spa has live island style entertainment on Mondays.

Traditions on the Beach at Island Inn has live entertainment Friday and Saturday with Joe McCormick and Marvilla Marzan. The "Jersey Kid" Mike Arnone performs on Monday. Woody Brubaker performs on Tuesday. Woody Brubaker and Barbara Smith perform on Wednesday. On Thursday, it's Joe McCormick and Marvilla Marzan.

Il Cielo has live entertainment with Scott McDonald on Thursday, Friday and Saturday.

The Island Cow on Periwinkle Way has live entertainment on Friday with Gene Federico. Jay Helt plays on Saturday. Dan Confrey plays on Sunday.

RC Otter's on Andy Rosse Lane, Captiva, has live music daily with dining inside and out.

Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299. ☆

My Stars ★★★★★

FOR WEEK OF MAY 9, 2016

ARIES (March 21 to April 19) You're the first sign in the Zodiac and like to take the lead wherever you go. But this time, you'd be wise to follow someone who has much to teach you.

TAURUS (April 20 to May 20) Your adversary hasn't given up trying to undermine you. Continue to stay cool – someone in authority knows what's happening.

GEMINI (May 21 to June 20) Spring brings a positive aspect for relationships. Paired Twins grow closer, while the single set finds new romance -- perhaps with a Leo or Libra.

CANCER (June 21 to July 22) Wavering aspects this week mean weighing your words carefully to avoid misunderstandings.

LEO (July 23 to August 22) You could soon be on a new career path in pursuit of those long-standing goals, but don't cut any current ties until you're sure you're ready to make the change.

VIRGO (August 23 to September 22) A former colleague wants to re-establish an old professional connection. It would be wise to make the contact, at least until you know what he or she is planning.

LIBRA (September 23 to October 22) A relationship that survived some rocky moments could be facing a new challenge. Deal with the problem openly, honestly and without delay. Good luck.

SCORPIO (October 23 to November 21) A recent and

much-appreciated change in the workplace inspires you to make some changes in your personal life as well. Start with a plan to travel more.

SAGITTARIUS (November 22 to December 21) A friend needs your kind and caring advice, but you need to know what he or she is hiding from you before you agree to get involved.

CAPRICORN (December 22 to January 19) Your circle of friends continues to widen. Expect to hear from someone in your past who hopes to re-establish your once-close relationship.

AQUARIUS (January 20 to February 18) Your aspects favor the arts. Indulge in whatever artistic expression you enjoy most. A workplace situation will, I'm pleased to say, continue to improve.

PISCES (February 19 to March 20) Warning! Your tendency to let things slide until the last minute could have a negative effect on a relationship that you hope can develop into something meaningful.

BORN THIS WEEK: You are both emotional and sensible. You enjoy being with people. Good career choices include teaching, performing and the clergy.

THIS WEEK IN HISTORY

- On May 9, 1671, in London, Thomas Blood, an Irish adventurer known as "Captain Blood," is captured trying to steal the Crown Jewels from the Tower of London. King Charles was so impressed that he made Blood a member of his court with an annual pension.
- On May 10, 1869, the presidents

of the Union Pacific and Central Pacific railroads meet in Utah and drive a ceremonial last spike into a rail line, making transcontinental rail travel possible for the first time.

- On May 11, 1934, a massive storm sends 350 million tons of topsoil flying across the parched Great Plains as far east as New York. Even ships some 300 miles offshore saw dust collect on their decks.

- On May 15, 1942, legislation creating the Women's Army Corps becomes law, granting women official military status. However, it would not be until 1980 that 16,000 women who had joined the early WACs would receive veterans' benefits.

- On May 12, 1975, the American freighter Mayaguez is captured by communist government forces in Cambodia. In response, President Gerald Ford ordered the bombing of the Cambodian port where the gunboats had come from. Forty-one Americans died, most of them in an accidental explosion during the attack.

- On May 13, 1985, in Philadelphia, police drop a small bomb on the roof of a row house on Osage Avenue in an attempt to end a standoff with the radical cult group MOVE. The explosion sparked a fire that killed 11 people and burned down 61 homes.

- On May 14, 1999, President Bill Clinton apologizes directly to Chinese President Jiang Zemin on the phone for the accidental NATO bombing of the Chinese embassy in Yugoslavia. The Chinese president had refused to accept a phone call from Clinton for four days.

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MAGGIE BUTCHER

STRANGE BUT TRUE

• It was 20th-century American politician and diplomat Adlai Stevenson who made the following sage observation: "The hardest thing about any political campaign is how to win without proving that you are unworthy of winning."

• According to a 2015 survey, more American adults would rather admit their weight than disclose their salary.

• You might be surprised to learn that actor James Doohan, best known for his role as Scotty in the original "Star Trek" series, served in the Royal Canadian Artillery during World War II. He saw combat for the first time at the invasion of Normandy on D-Day, where he led his men through a field of anti-tank mines to reach higher ground. After defensive positions had been established that night, he was crossing between command posts when he was shot six times -- by a Canadian sentry. One of the bullets hit his chest, but it was stopped by a silver cigarette case that his brother

had given him.

• Researchers in the United Kingdom have developed what they're calling the "SlugBog" -- a robot that eats slugs and is powered by the bio-gas created by their decay.

• If you've ever had to explain yourself the morning after a raucous night out, you might be glad to know that the Tsonga people of southern Africa have a word that can be useful in certain of these circumstances. "Rhwe" means to sleep on the floor without a mat, while drunk and naked.

• The University of Gottingen, in Germany, is in possession of a rare Bible -- it's printed on 2,470 palm leaves.

THOUGHT FOR THE DAY

"A fellow of mediocre talent will remain a mediocrity, whether he travels or not; but one of superior talent (which without impiety I cannot deny that I possess) will go to seed if he always remains in the same place." -- Wolfgang Amadeus Mozart

Volunteers Needed For Food Drive

Do you have several hours you're willing to volunteer to help make the annual Stamp Out Hunger letter carrier food drive a success? Volunteer drivers are needed to assist mail carriers in picking up food left by mail boxes on Saturday, May 14. This is the one day when the carriers collect non-perishable food that has been left by mail boxes.

Volunteer drivers can select the post office they wish to assist -- Page Field, Cape Coral, North Fort Myers or Six Mile Cypress. Shifts begin approximately at 10 a.m. Routes will be assigned and maps provided for the drivers.

Most food collected in Lee County will be distributed by the Harry Chapin Food Bank through their participating agencies in the county; food collected in Collier County will be distributed by Collier Harvest; food collected in Charlotte County will be distributed to participating

food pantries. All food collected in food drives is distributed to participating agencies at no cost.

In addition to driver volunteers, volunteers are needed to assist with preliminary food sorting, again held at the various post office locations. Contact Tanya Phillips at the Harry Chapin Food Bank at 334-7007 or Kim Berghs at the United Way at 433-2000 ext. 260.

Additional information about the letter carrier food drive and early food drop-off may be obtained by contacting George Sciascia, food drive coordinator, at 218-1147 or gsciascia@comcast.net.*

SCRAMBLERS

1. Swerve; 2. Smart; 3. Torrid; 4. Plain

Today's Words:

MOVIE

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PUZZLE ANSWERS

SUPER CROSSWORD

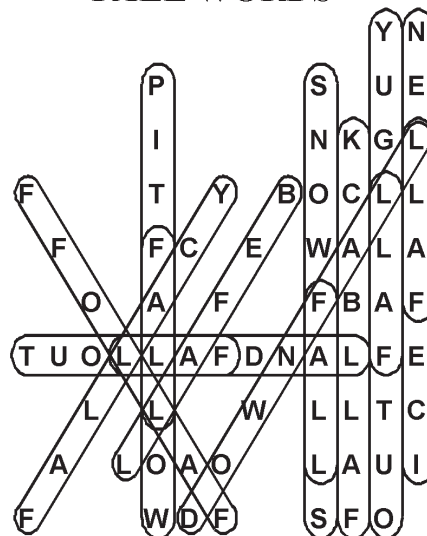
| | | | |
|-----------------------|-----------|------------|-------|
| GYM | DEARS | NOWIS | RAIDS |
| LEI | ALLAH | AMANA | ALWAY |
| OAK | MILLA | NAVAL | CLANS |
| WHEN | PEOPLE | AREWORKING | |
| TOM | WHAM | LENO | ATYA |
| PAYFOR | LIEBE | PASTOR | |
| ATSUPERMARKET | CHECKOUT | | |
| IRON | SOI | SEA | HURT |
| RAN | SCANT | NYET | ENOS |
| COUNTER | SPUTTING | THE | |
| PAROLE | SAYOK | NIGHON | |
| GROCERIES | INTOSACKS | | |
| AMMO | CAAN | NOBLE | OFF |
| TEES | IFS | FRI | ABLE |
| WHYDONTTHEYEATANYFOOD | | | |
| YEARN | ERIES | EELERS | |
| ERMA | UBER | IAMS | MAR |
| BAGGERS | SCANT | BECHEWERS | |
| ATHOL | ETUDE | ODEON | EON |
| DEANE | TELEX | DENTI | DUO |
| MASSE | TRENT | YATES | SEW |

KING CROSSWORD

| | | |
|---------|---------|-------|
| MATED | REG | ABA |
| ENURE | ORO | LAC |
| LYRIC | BOOKISH | |
| KN | AVES | ESSE |
| HAI | FIR | YETIS |
| OMSK | STAMP | |
| COHORT | PAUPER | |
| DIANA | PERI | |
| DENIM | ARK | CAP |
| AREA | ATTACK | |
| MAWKISH | RAISA | |
| OTT | MIA | ASSET |
| NOS | PAN | TEHEE |

MAGIC MAZE

FALL WORDS



SUDOKU

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 6 | 4 | 7 | 1 | 8 | 3 | 9 | 2 | 5 |
| 5 | 9 | 2 | 4 | 7 | 6 | 3 | 8 | 1 |
| 3 | 8 | 1 | 9 | 5 | 2 | 6 | 4 | 7 |
| 9 | 1 | 3 | 7 | 6 | 4 | 8 | 5 | 2 |
| 4 | 2 | 8 | 5 | 1 | 9 | 7 | 3 | 6 |
| 7 | 5 | 6 | 2 | 3 | 8 | 1 | 9 | 4 |
| 1 | 6 | 9 | 8 | 4 | 5 | 2 | 7 | 3 |
| 2 | 7 | 5 | 3 | 9 | 1 | 4 | 6 | 8 |
| 8 | 3 | 4 | 6 | 2 | 7 | 5 | 1 | 9 |

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ANNUAL RENTAL

ANNUAL RENTALS SANIBEL

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This peaceful location is true Island Living. Looking over the water with boat dock/lift, access to Bay & Gulf. This beautiful 3 bedroom/2 bath plus den, piling home is UF. \$3,000/mo.



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PERSON FULL OR PART TIME
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Turtle Nesting Season Guidelines

With the official start of sea turtle nesting season now upon us, the City of Sanibel, in partnership with the Sanibel-Captiva Conservation Foundation (SCCF), is asking all residents and visitors to do their part in protecting these threatened and endangered species.

On Sanibel, nesting and hatchling emergence typically occur between May 1 and October 31.

The nesting ritual of the loggerhead sea turtle is one of the most remarkable natural phenomena occurring on Sanibel's gulf beaches. This natural process has happened on Sanibel for centuries and our 11 miles of gulf shoreline have more nesting activity than any other beach in Lee County. Sought by predators and susceptible to dehydration, sea turtle hatchlings have only a one in one thousand chance of survival. Human activities can further reduce that chance.

By following these simple guidelines, you can do your part to ensure the survival of these magnificent creatures:

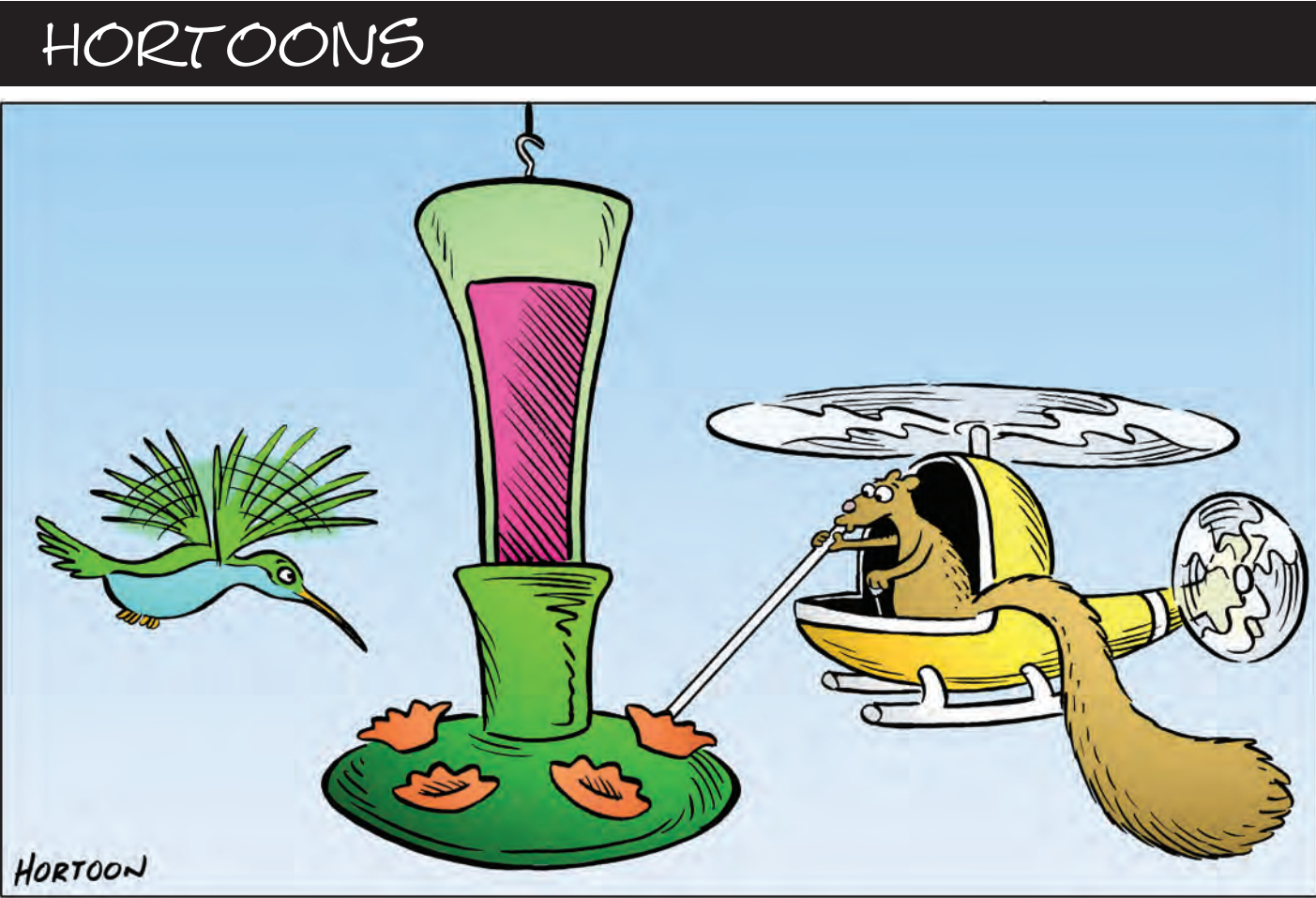
- Turn off or shield lights near the beaches. Artificial beach lighting can inhibit female sea turtles from nesting and disorient hatchlings. Most beachfront lighting issues can be addressed by turning off all unnecessary lights, repositioning or modifying light fixtures or closing blinds and drapes.
- Remove furniture and other items from the beach and dune area when not in use, between the hours of 9 p.m. and 7 a.m. Items left on the beach, including beach furniture, toys and trash, may be barriers to nesting or result in entanglement and predation of hatchlings.
- Level all sandcastles and fill any holes dug during play. These are fine during the day but may pose additional hazards at night. Please leave the beach as you found it, so that sea turtles and hatchlings are not hindered on their way to nest or to the water.
- Pick up all trash. Sea turtles mistakenly eat debris, especially plastic, which results in death.
- Honor the leash law. All dogs on the beach must be on a leash and not allowed to disturb nesting turtles or hatchlings.

Gulf-front property owners should make sure that their properties are in compliance with the city's sea turtle protection ordinances and ensure that artificial lighting from the property is not illuminating the beach (Sanibel Code Section 74-181-74-183, Section 126-996-126-1002).

An easy way to test if your property is in compliance is to stand on the beach on a moonless night and look seaward. If you can see your shadow cast towards the water, there is too much light behind you. This light could potentially deter female turtles from nesting or disorient hatchlings as they emerge from the nest.

We look forward to another successful sea turtle nesting season and hope to uphold Sanibel's reputation as having one of the darkest and most "turtle friendly" beaches in the state. We ask for your continued compliance with city's sea turtle protection ordinances and remind all residents and visitors that violations of these ordinances may be subject to city, state, and/or federal fines and penalties. Violations should be reported immediately to the Sanibel Police Department at 472-3111, Sanibel Code Enforcement, 472-4136, or Natural Resources at 472-3700.

For more information regarding sea turtles on Sanibel, visit the City's website at <http://mysanibel.com/Departments/Natural-Resources/Protecting-Our-Beaches/Sea-Turtles>.



Top 10 Real Estate Sales

| Development | City | Year Built | Square Footage | Listing Price | Selling Price | Days On Market |
|---------------------------|----------------|------------|----------------|---------------|---------------|----------------|
| Bay Creek | Bonita Springs | 2003 | 6,918 | \$1,795,000 | \$1,795,000 | 7 |
| Mossy Oak | Fort Myers | 2013 | 5,351 | \$1,599,000 | \$1,250,000 | 106 |
| Magnolia Bend | Bonita Springs | 2002 | 4,232 | \$1,525,000 | \$1,410,000 | 0 |
| Fiddlesticks Country Club | Fort Myers | 1999 | 6,578 | \$1,479,500 | \$1,300,000 | 44 |
| McGregor Isles | Fort Myers | 2005 | 3,700 | \$1,299,900 | \$1,250,000 | 12 |
| Idlewilde | Bonita Springs | 2003 | 3,576 | \$1,235,000 | \$1,137,500 | 63 |
| Oak Knoll | Fort Myers | 2005 | 3,560 | \$1,096,000 | \$1,052,000 | 87 |
| Lakewood | Fort Myers | 2008 | 3,451 | \$999,000 | \$965,000 | 46 |
| Catalpa Pointe | Fort Myers | 2001 | 4,071 | \$989,000 | \$925,000 | 209 |
| Edgewater | Fort Myers | 2002 | 3,458 | \$974,326 | \$915,000 | 10 |



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Tisha Lestorti 239.233.9622
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11530 Paige Court
Stephanie Bissett 239.292.3707
Web ID 214064002 \$3,585,000



1226 Isabel Drive
Wil Rivait 239.464.8108
Web ID 215056828 \$1,800,000



17160 Scout Camp Road
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Web ID 216007718 \$1,495,000



2440 Moore Avenue
Pat Moore 239.233.1808
Web ID 215044911 \$975,000



2815 SE 22nd Place
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Web ID 216012700 \$899,000



8904 Tropical Court
Maxwell Thompson 239.989.3855
Web ID 215058295 \$699,900



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Pat Moore 239.233.1808
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Blind Pass #F106
Brooke Brownyard 239.281.4179
Web ID 215053323 \$495,000



16440 Oakview Circle
Pat Moore 239.233.1808
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12042 Ledgewood Circle
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Web ID 215056857 \$349,000



28966 Vermillion Lane
Elizabeth Weaver 239.877.0777
Web ID 216022922 \$309,000



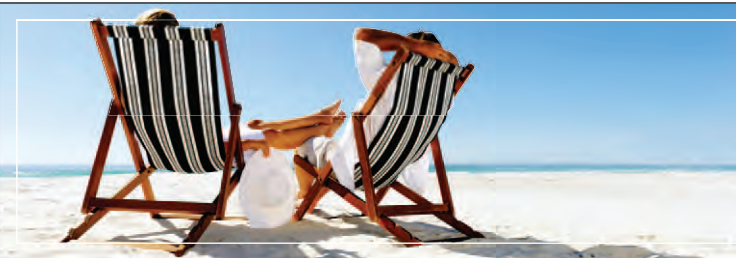
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Reflection Lakes #1822
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